NEW JERSEY STATE BOARD OF COSMETOLOGY AND HAIRSTYLING
CANDIDATE INFORMATION BULLETIN FOR THE THEORY EXAMINATIONS

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Please refer to www.psiexams.com to check for the most updated information.
ABOUT PSI

The Candidate Information Bulletin provides you with information with regard to testing of Cosmetology-Hairstylist, Beauticians, Barbers, Skin Care Specialists, Manicurist, and Teachers.

The New Jersey State Board of Cosmetology and Hairstyling (The Board) has contracted with PSI to conduct examinations. PSI works closely with the State to be certain that examinations meet local as well as national requirements in basic principles and examination development standards.

For more information on licensure please contact:

New Jersey State Board of Cosmetology and Hairstyling
124 Halsey Street, Sixth Floor
Newark, NJ 07102
Phone: (973) 504-6400
http://www.njconsumeraffairs.gov/cos

APPROVAL TO TAKE THE EXAMINATION

You must be pre-approved to take an examination. Your education provider will provide your information, electronically, to PSI upon successful completion of the course requirements. You will receive an email confirmation immediately after you have been submitted.

After your provider has submitted your file to PSI, please go to www.psiexams.com or call 1-800-733-9267 to pay and schedule for your examination. Note, if PSI does not have your record, please contact your education provider.

The table below lists the education requirements and the minimum “early testing” requirements that must be completed prior to being eligible to take the examination.

<table>
<thead>
<tr>
<th>Examination</th>
<th>Required Hours</th>
<th>Minimum Early Testing Required Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beautician</td>
<td>1,100</td>
<td>880</td>
</tr>
<tr>
<td>Cosmetologist-Hairstylist</td>
<td>1,200</td>
<td>960</td>
</tr>
<tr>
<td>Skin Care Specialist</td>
<td>600</td>
<td>480</td>
</tr>
<tr>
<td>Manicurist</td>
<td>300</td>
<td>240</td>
</tr>
<tr>
<td>Teacher</td>
<td>500</td>
<td>Not applicable</td>
</tr>
<tr>
<td>Barber</td>
<td>900</td>
<td>720</td>
</tr>
</tbody>
</table>

For Vocational Schools only

<table>
<thead>
<tr>
<th>Examination</th>
<th>Required Hours</th>
<th>Minimum Early Testing Required Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cosmetologist-Hairstylist</td>
<td>1,000</td>
<td>800</td>
</tr>
</tbody>
</table>

Per N.J.A.C. 13:28-1.2 (b) Applicants must receive a passing grade on each part of the examination to obtain a license. An applicant shall achieve a score of not less than 75 percent on the theory portion of the examination in order to be eligible to take the practical examination. No applicant shall be permitted to take the practical examination unless the applicant has successfully completed the theory portion of the examination.

If you are retaking the theory examination for the first time, you must wait 15 days before rescheduling and retaking the examination. If you are retaking the theory examination for the second or subsequent times, there is no waiting period.

Once you have successfully passed the theory examination, it is your responsibility to schedule an appointment for the practical examination with the Board.

EXAMINATION PAYING AND SCHEDULING

Once you have received the email confirmation of your eligibility, it is your responsibility to contact PSI to pay and schedule for the examination.

Examination Fee $39

NOTE: EXAMINATION FEES ARE NOT REFUNDABLE OR TRANSFERABLE. THE EXAMINATION FEE IS VALID FOR ONE YEAR FROM THE DATE OF PAYMENT.

ONLINE (www.psiexams.com)

For the fastest and most convenient examination scheduling process, register for your examinations online by accessing PSI's registration Web site at www.psiexams.com. Internet registration is available 24 hours a day.

- Log onto PSI’s website and create an account. Please enter your email address and first and last name. This information must match exactly with the information submitted from your education provider. Be sure to check the box next to “Check here to attempt to locate existing records for you in the system”

- You will be asked to select the examination and enter your SS#. Your record will be found and you will now be ready to pay for and schedule the exam. Enter your zip code and a list of the testing sites closest to you will appear. Once you select the desired test site, available dates will appear. If you have problems, contact PSI at (800) 733-9267 for help.

TELEPHONE

PSI registrars are available at (800) 733-9267, Monday through Friday between 7:30 am and 10:00 pm, and Saturday-Sunday between 9:00 am and 5:30 pm, Eastern Time, to receive the information listed on your Examination Registration Form and to schedule your appointment for the examination.

RESCHEDULING/CANCELING AN EXAMINATION APPOINTMENT

You may cancel and reschedule an examination appointment without forfeiting your fee if PSI receives your cancellation at least 2 days before the scheduled examination date. For example, for a Monday appointment, you would need to cancel your appointment on or before the previous Saturday.

To cancel an appointment, you may use PSI’s Internet web site or call (800) 733-9267 to speak to a PSI customer service representative during PSI office hours.

WWW.PSIEXAMS.COM
MISSED APPOINTMENT OR LATE CANCELLATION

You will forfeit your examination fee if you:

- Do not cancel your appointment at least 2 days before the scheduled examination date;
- Do not appear for your examination appointment;
- Arrive after examination start time; or
- Do not present proper identification when you arrive for the examination.

EXAM ACCOMMODATIONS

All PSI examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990, and exam accommodations will be made in meeting a candidate’s needs. A candidate with a disability or a candidate who would otherwise have difficulty taking the examination must complete the Exam Accommodations Request Form at the end of this Candidate Information Bulletin and must fax it to PSI (702) 932-2666 or email it to PSI at examaccommodations@psionline.com.

EXAMINATION TEST CENTER CLOSING FOR AN EMERGENCY

If severe weather or another emergency forces the closure of an examination center on a scheduled examination date, your examination will be rescheduled. PSI personnel will attempt to contact you in this situation. However, you may check the status of your examination appointment by calling (800) 733-9267 or viewing the website at www.psiexam.com. Every effort will be made to reschedule your examination at a convenient time as soon as possible. You will not be penalized. Your exam will be rescheduled at no additional charge to you.

EXAMINATION REVIEW

PSI, in cooperation with The New Jersey State Board of Cosmetology and Hairstyling, will be consistently evaluating the examinations being administered to ensure that the examinations accurately measure competency in the required knowledge areas. While taking the examination, examinees will have the opportunity to provide comments on any questions, by clicking the Comments button on the Exam Question Screen. Your comments regarding the questions and the examinations are welcomed. Comments will be analyzed by PSI examination development staff. While PSI does not respond to individuals regarding these comments, all substantive comments are reviewed. If a discrepancy is found during the comment review, PSI and the Board may re-evaluate candidates’ results and adjust them accordingly. **This is the only review of the general exam available to candidates.**

### EXAMINATION SITE LOCATIONS

**BRICK**
260 CHAMBERS BRIDGE ROAD, FIRST FLOOR
BRICK, NJ 08723
TAKE ON I-95 S TOWARD NEW JERSEY TURNPIKE SOUTH/NEWARK (US-46). TAKE EXIT #111/GARDEN STATE PARKWAY (US-9)/WOODBRIDGE ONTO GARDEN STATE PKY S TOWARD GARDEN STATE PARKWAY SOUTH/RT-440. CONTINUE ON DRISCOLL BRG. CONTINUE ON GARDEN STATE PKY S. TAKE EXIT #91/LAKEWOOD/BRICK TWP. ONTO LANES MILL RD (CR-549) TOWARD LAKEWOOD/BRICK TWP. CONTINUE ON CHAMBERS BRIDGE RD (CR-549).

**CHERRY HILL**
950 N. KINGS HWY, SUITE 301
CHERRY HILL, NJ 08034

**HAMILTON SQUARE AREA**
IBIS PLAZA SOUTH
3525 QUAKERBRIDGE ROAD, SUITE 1000
HAMILTON TOWNSHIP, NJ 08619

**NEW BRUNswick - GEORGEs ROAD**
825 GEORGES ROAD, SUITE 2A
NORTH BRUNSWICK, NJ 08902

**NEW PROVIDENCE**
MURRAY HILL OFFICE CENTER
571 CENTRAL AVENUE, SUITE 117
NEW PROVIDENCE, NJ 07974
FROM: ROUTE 78 WESTBOUND. TAKE EXIT 43 ONTO DIAMOND HILL ROAD. AT THE SECOND STOPLIGHT, TURN RIGHT ONTO MOUNTAIN AVENUE. TURN LEFT AT THIRD LIGHT, SOUTH STREET. TURN LEFT AT THE NEXT TRAFFIC LIGHT ONTO CENTRAL AVENUE. THE MURRAY HILL OFFICE CENTER, 571 CENTRAL AVENUE, WILL BE ON YOUR RIGHT.

FROM: ROUTE 78 EASTBOUND. TAKE EXIT 44 TO TRAFFIC LIGHT. TURN LEFT ONTO GLENSIDE AVENUE PROCEED TO THE NEXT LEFT TURN UNDER ROUTE 78 TOWARD NEW PROVIDENCE, AS THE ROAD BECOMES SOUTH STREET. CONTINUE TO THE SECOND LIGHT AND TURN LEFT ONTO CENTRAL AVE.. THE MURRAY HILL OFFICE CENTER, 571 CENTRAL AVENUE, WILL BE ON YOUR RIGHT.

FROM: NEW JERSEY TURNPIKE. TAKE EXIT 14, STAY TO THE LEFT THROUGH THE TOLL. FOLLOW SIGNS FOR ROUTE 78 - EXPRESS WESTBOUND. FOLLOW SAME AS ABOVE FOR ROUTE 78 WESTBOUND.

FROM: GARDEN STATE PARKWAY SOUTH. TAKE EXIT 142 AND FOLLOW THE SIGNS FOR ROUTE 78 WEST. FOLLOW SAME AS ABOVE FOR ROUTE 78 WESTBOUND.

FROM: GARDEN STATE PARKWAY NORTH. TAKE EXIT 142B AND FOLLOW THE SIGNS FOR ROUTE 78 WEST. FOLLOW SAME AS ABOVE FOR ROUTE 78 WESTBOUND.
NORTHERN NEW JERSEY AREA

NORTH BRUNSWICK
THE SHOPPES AT NORTH BRUNSWICK
980 SHOPPES BLVD, 2ND FLOOR
NORTH BRUNSWICK, NJ 08902
TAKE THE NEW JERSEY TURNPIKE LEFT EXIT ONTO I-95 S TOWARD TURNPIKE SOUTH. TAKE EXIT #9/New Brunswick (US-1)/East Brunswick onto RT-18 N TOWARD NEW BRUNSWICK. TAKE RAMP onto US-1 toward Trenton. TAKE RAMP TOWARD RT-130/171 N. STAY RIGHT TOWARD 171. TURN LEFT AT TRAFFIC LIGHT AND STAY IN THE MIDDLE LANE. AFTER 2ND TRAFFIC LIGHT, TURN RIGHT INTO THE SHOPPING CENTER. THE SITE IS LOCATED IN THE REMAX BLDG, NEAR TABLETOS.

NORTHFIELD AREA (LINWOOD)
CENTRAL PARK EAST
222 NEW ROAD, SUITE 301
LINWOOD, NJ 08221
FROM THE NORTH, TAKE THE GARDEN STATE PKY SOUTH TO EXIT #36 NORTHFIELD/MARGATE ONTO TILTON RD (CR-563). IN JUST UNDER 2 MILES MAKE A RIGHT ONTO NEW RD (US-9). DRIVE 1.5 MILES SOUTH, TILL YOU WILL SEE THE SIGN ON THE LEFT FOR # 222 (CENTRAL PARK EAST). JUST PAST CENTRAL AVE. (IF YOU REACH THE GULF STATION YOU HAVE TRAVELED A LITTLE BIT TO FAR), TURN LEFT INTO THE PROFESSIONAL PARK AT THE FLOWER BED WITH THE 222 SIGN IN IT. USE THE FIRST PARKING LOT ON YOUR RIGHT, AND LOOK FOR THE LARGE PSI SIGN NEXT TO OUR FRONT DOOR (SUITE 301).

FROM THE SOUTH, TAKE THE GARDEN STATE PKY NORTH TO EXIT #29 SOMERS POINT. THIS WILL PUT YOU ON NEW RD (US-9). AFTER DRIVING NORTH FOR A LITTLE MORE THAN 4 MILES YOU WILL FIRST SEE A GULF STATION. NUMBER 222 NEW RD (CENTRAL PARK EAST) IS JUST PAST THE GULF STATION (0.1 MILES) AND ON THE SAME SIDE. TURN RIGHT INTO THE PROFESSIONAL PARK AT THE FLOWER BED WITH THE 222 SIGN IN IT. USE THE FIRST PARKING LOT ON YOUR RIGHT, AND LOOK FOR THE LARGE PSI SIGN NEXT TO OUR FRONT DOOR (SUITE 301).


ROCHELLE PARK
365 W. PASSAIC ST, STE 180
ROCHELLE PARK, NJ 07662

PARSIPPANY
239 NEW ROAD, SUITE A-203
PARSIPPANY, NJ 07054
FROM I-280 WEST: TAKE EXIT #1/New Rd TOWARDS US-46. MAKE A SLIGHT RIGHT ONTO NEW ROAD. CONTINUE TO 239 NEW ROAD ON THE RIGHT. PSI IS LOCATED IN BUILDING A (FIRST BUILDING ON RIGHT), SUITE 203.
FROM I-280 EAST: TAKE EXIT #1/New Rd. At stoplight (at end of ramp) turn left onto new road. Continue to 239 New road on the right. PSI is located in building A (first building on right), Suite 203.

SECAUCUS
110-B MEADOWLANDS PARKWAY, SUITE 204
SECAUCUS, NJ 07094
FROM I-95 N, TAKE THE RT-3 EXIT, EXIT 16W, TOWARD SECAUCUS/RT-120/LINCOLN TUNNEL. TURN RIGHT ONTO S SERVICE ROAD. MERGE ONTO RT-3 E. TAKE THE MEADOWLAND PARKWAY EXIT.

REPORTING TO THE EXAMINATION SITE

On the day of the examination, you should arrive at least 30 minutes prior to your scheduled appointment time. This allows time for sign-in and identification verification and provides time for you to familiarize yourself with the examination process. If you arrive late, you will not be admitted to the examination site and you will forfeit your examination registration fee.

For security and identification purposes, all candidates will have their fingerprint taken during the examination check-in. The taking of the fingerprint is an additional measure to enhance examination security.

REQUIRED IDENTIFICATION

Candidates must register for the exam with their LEGAL first and last name as it appears on their government issued identification. All required identification below must match the first and last name under which the candidate is registered. Candidates are required to bring two (2) forms of valid (non-expired) proofs of identity to the test site. If the candidate fails to bring proper identification or the candidate names do not match, the candidate will not be allowed to test and their examination fee will not be refunded.

PRIMARY IDENTIFICATION (with photo) - Choose One
- State-issued driver’s license or nondriver’s identification card
- United States passport
- Military ID card
- I-551 Permanent Resident Card
- I-571 Refugee Travel Document
- I-688 Temporary Resident Card
- I-688A Employment Authorization Card
- I-688B Employment Authorization Document
- I-766 Employment Authorization Card

SECONDARY IDENTIFICATION - Choose One
- State-issued driver’s license or nondriver’s identification card
- Utility or credit card bill issued in the past 90 days that shows your name at your current address (may not be a PO Box number)
- Checking or savings account statement from a bank or credit union, issued within the past 60 days
- Original lease or rental agreement showing your name as the lease or renter
- Property tax bill, statement, or receipt from the past year
- Any letter or correspondence (including tax bills) received from the IRS or state tax office in the last year
- First-class mail received from any federal, state, or local government agency in the past six months.
Failure to provide all of the required identification at the time of the examination without notifying PSI is considered a missed appointment, and you will not be able to take the examination at that time.

SECURITY PROCEDURES

The following security procedures will apply during the examination:

- Candidates may take only approved items into the examination room.
- All personal belongings of candidates, with the exception of close-fitting jackets or sweatshirts, should be placed in the secure storage provided at each site prior to entering the examination room. Personal belongings include, but are not limited to, the following items:
  - Electronic devices of any type, including cellular / mobile phones, recording devices, electronic watches, cameras, pagers, laptop computers, tablet computers (e.g., iPads), music players (e.g., iPods), smart watches, radios, or electronic games.
  - Bulky or loose clothing or coats that could be used to conceal recording devices or notes, including coats, shawls, hooded clothing, heavy jackets, or overcoats.
  - Hats or headgear not worn for religious reasons or as religious apparel, including hats, baseball caps, or visors.
  - Other personal items, including purses, notebooks, reference or reading material, briefcases, backpacks, wallets, pens, pencils, other writing devices, food, drinks, and good luck items.
- Person(s) accompanying an examination candidate may not wait in the examination center, inside the building or on the building's property. This applies to guests of any nature, including drivers, children, friends, family, colleagues or instructors.
- No smoking, eating, or drinking is allowed in the examination center.
- During the check in process, all candidates will be asked if they possess any prohibited items. Candidates may also be asked to empty their pockets and turn them out for the proctor to ensure they are empty. The proctor may also ask candidates to lift up the ends of their sleeves and the bottoms of their pant legs to ensure that notes or recording devices are not being hidden there.
- Proctors will also carefully inspect eyeglass frames, tacks, or any other apparel that could be used to harbor a recording device. Proctors will ask to inspect any such items in candidates' pockets.
- If prohibited items are found during check-in, candidates shall put them in the provided secure storage or return these items to their vehicle. PSI will not be responsible for the security of any personal belongings or prohibited items.
- Any candidate possessing prohibited items in the examination room shall immediately have his or her test results invalidated, and PSI shall notify the examination sponsor of the occurrence.
- Any candidate seen giving or receiving assistance on an examination, found with unauthorized materials, or who violates any security regulations will be asked to surrender all examination materials and to leave the examination center. All such instances will be reported to the examination sponsor.
- Copying or communicating examination content is violation of a candidate’s contract with PSI, and federal and state law. Either may result in the disqualification of examination results and may lead to legal action.
- Once candidates have been seated and the examination begins, they may leave the examination room only to use the restroom, and only after obtaining permission from the proctor. Candidate will not receive extra time to complete the examination.

TAKING THE EXAMINATION

The examination will be administered via computer. You will be using a mouse and computer keyboard.

IDENTIFICATION SCREEN

You will be directed to a semiprivate testing station to take the examination. When you are seated at the testing station, you will be prompt to confirm your name, identification number, and the examination for which you are registered.

TUTORIAL

Before you start your examination, an introductory tutorial is provided on the computer screen. The time you spend on this tutorial, up to 15 minutes, DOES NOT count as part of your examination time. Sample questions are included following the tutorial so that you may practice answering questions, and reviewing your answers.

TEST QUESTION SCREEN

The “Function Bar” at the top of the test question screen provides mouse-click access to the features available while taking the examination.

One question appears on the screen at a time. During the examination, minutes remaining will be displayed at the top of the screen and updated as you record your answers.

IMPORTANT: After you have entered your responses, you will later be able to return to any question(s) and change your response, provided the examination time has not run out or you have not ended your examination.
DYPLIFICATE SCORE REPORTS

You may request a duplicate score report after your examination by emailing scorereport@psionline.com or by calling 800-733-9267.

EXPERIMENTAL QUESTIONS

In addition to the number of examination questions specified in the “Examination Content Outlines”, a small number (10) “experimental” questions may be administered to candidates during the examinations. These questions will not be scored, however time taken to answer them will count against examination time. The administration of such unscored, experimental questions is an essential step in developing future licensing examinations.

SCORE REPORTING

You must get a minimum of 75% correct to pass. Your score will be given to you immediately following completion of the examination. The following summary describes the score reporting process:

▪ On screen - your results will appear immediately on the computer screen.
  - If you pass, you will immediately receive a successful notification.
  - If you do not pass, you will immediately receive an unsuccessful notification on the screen along with a diagnostic report indicating your strengths and weaknesses.
▪ On paper - an official score report will be printed at the examination site.

THEORY EXAMINATION CONTENT OUTLINES

For theory examination questions or concerns, please email cosmetology@psionline.com.

The examination content outlines have been prepared and are periodically updated by committees of professionals who are subject matter experts in cosmetology practice, instruction, and regulatory issues. The examination content outlines identify areas of importance to licensees in order for them to perform their duties to the public in a competent and legally responsible manner.

Use the outline as a guide for pre-examination review of reference material. The outline lists the topics that are on the examination and the number of questions for each topic. Do not schedule your examination until you are familiar with the topics on the outline.

PSI National Examination for Beautician
105 Scored items; 10 pretest items
2 hours

I. Safety, Sanitation, and Disinfection - 25 items

a) Safe working conditions and practices
  Environment
  Protective coverings (e.g. draping, gloves)
  Water temperature
  Chemical labeling and storage
  Safety Data Sheet (SDS)
  Patch test
  Prohibited materials

b) Safety agencies
  Occupational Safety and Health Agency (OSHA)
  Food and Drug Administration (FDA)
  Environmental Protection Agency (EPA)

c) Infection control
  Infectious diseases and pathogens
  Sanitation and disinfection
  Levels of decontamination
  Cleaners and disinfectants
  Procedures for tools, equipment, and work surfaces
  Storage of tools and equipment
  Single and multiuse items
  Prevention of cross-contamination

d) Standard precautions for exposure incidents
  Procedures
  First aid kit
  Blood-spill disinfection and disposal

II. Client Consultation and Professional Conduct - 5 items

a) Client consultation
b) Record keeping
c) Professional ethics
d) Personal hygiene

III. Hair, Skin, and Nail Anatomy - 10 items

a) Hair and scalp structure and physiology
  Hair structure
  Hair type (e.g. texture, elasticity, density, porosity)
  Hair growth phases
  Hair and scalp conditions and disorders

b) Skin structure and physiology
  Skin structure
  Skin types
  Skin conditions and disorders

c) Nail structure and physiology
Nail structure
Nail conditions and disorders

IV. Shampooing, Conditioning, and Scalp Care - 5 items
a) Shampoos and conditioners
   Purpose
   Types
   Procedures
b) Scalp care
   Scalp analysis
   Scalp massage
   Special procedures for presence of scalp conditions

V. Hairstyling - 8 items
a) Hairstyling techniques
   Blow-dry styling
   Wet styling
   Comb out
   Thermal styling
   Braiding
b) Combs and brushes
   b) Temperature precautions
   c) Artificial hair

VI. Haircutting - 11 items
a) Types of haircuts
   Blunt
   Graduated
   Layered
b) Guidelines
   c) Sectioning hair
   d) Thinning and texturizing
   e) Using a razor
   f) Using clippers
   g) Using scissors or shears

VII. Hair Coloring - 11 items
a) Color theory
   Level and tone
   Corrective color
b) Products and product chemistry
   c) Application procedures
   Strand test
   Hair and scalp preparation
   Mixing color
   Color and bleach application
   Color techniques
d) Precautions
   Metallic and compound dyes
   Minerals

VIii. Chemical Texture Services - 9 items
a) Permanent waving
   Products and product chemistry
   Hair and scalp preparation for permanent waving
   Application, processing, and removing products
   Techniques of wrapping hair with rods and other tools
b) Relaxing and chemical straightening
   Products and product chemistry
   Hair and scalp preparation for chemical straightening
   Application, processing, and removing products

IX. Skin Care - 8 items
a) Basic facial
   Products and product chemistry
   Procedures
   Massage manipulations
b) Make up application
   Procedures
   Tools and implements
c) Hair removal
   Waxing
   Tweezing

X. Nails - 8 items
a) Basic manicure and pedicure
   Products
   Procedures
   Tools and implements
   Hand and foot massage
   Sanitation and disinfection of spa bath
b) Artificial nail enhancements

XI. New Jersey Laws and Regulations - 5 Items

REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below are used to prepare the questions for this examination.

- New Jersey Statutes, Title 45 · Professions and Occupations, 2013 (NJS4513) http://law.justia.com/codes/new-jersey/2013/title-45
I. Safety, Sanitation, and Disinfection - 25 items

a) Safe working conditions and practices
   - Environment
   - Protective coverings (e.g. draping, gloves)
   - Water temperature
   - Chemical labeling and storage
   - Safety Data Sheet (SDS)
   - Patch test
   - Prohibited materials

b) Safety agencies
   - Occupational Safety and Health Agency (OSHA)
   - Food and Drug Administration (FDA)
   - Environmental Protection Agency (EPA)

c) Infection control
   - Infectious diseases and pathogens
   - Sanitation and disinfection
   - Levels of decontamination
   - Cleaners and disinfectants
   - Procedures for tools, equipment, and work surfaces
   - Storage of tools and equipment
   - Single and multiuse items
   - Prevention of cross-contamination

d) Standard precautions for exposure incidents
   - Procedures
   - First aid kit
   - Blood-spill disinfection and disposal

II. Client Consultation and Professional Conduct - 5 items

a) Client consultation
b) Record keeping
c) Professional ethics
d) Personal hygiene

III. Hair, Skin, and Nail Anatomy - 10 items

a) Hair and scalp structure and physiology
   - Hair structure
   - Hair type (e.g. texture, elasticity, density, porosity)
   - Hair growth phases
   - Hair and scalp conditions and disorders

b) Skin structure and physiology
   - Skin structure
   - Skin types
   - Skin conditions and disorders

c) Nail structure and physiology
   - Nail structure

IV. Shampooing, Conditioning, and Scalp Care - 5 items

a) Shampoos and conditioners
   - Purpose
   - Types
   - Procedures

b) Scalp care
   - Scalp analysis
   - Scalp massage
   - Special procedures for presence of scalp conditions

V. Hairstyling - 8 items

a) Hairstyling techniques
   - Blow-dry styling
   - Wet styling
   - Comb out
   - Thermal styling
   - Braiding

b) Combs and brushes

c) Temperature precautions

d) Artificial hair

VI. Haircutting - 11 items

a) Types of haircuts
   - Blunt
   - Graduated
   - Layered

b) Guidelines

c) Sectioning hair

d) Thinning and texturizing

e) Using a razor

f) Using clippers

g) Using scissors or shears

VII. Hair Coloring - 11 items

a) Color theory
   - Level and tone
   - Corrective color

b) Products and product chemistry

c) Application procedures
   - Strand test
   - Hair and scalp preparation
   - Mixing color
   - Color and bleach application
   - Color techniques

b) Precautions
   - Metallic and compound dyes
   - Minerals

VIII. Chemical Texture Services - 9 items
PSI National Examination for Cosmetologist-Hair stylist

a) Permanent waving
   Products and product chemistry
   Hair and scalp preparation for permanent waving
   Application, processing, and removing products
   Techniques of wrapping hair with rods and other tools

b) Relaxing and chemical straightening
   Products and product chemistry
   Hair and scalp preparation for chemical straightening
   Application, processing, and removing products

IX. Skin Care - 8 items

a) Basic facial
   Products and product chemistry
   Procedures
   Massage manipulations

b) Make up application
   Procedures
   Tools and implements

b) Hair removal
   Waxing
   Tweezing

X. Nails - 8 items

a) Basic manicure and pedicure
   Products
   Procedures
   Tools and implements
   Hand and foot massage
   Sanitation and disinfection of spa bath

b) Artificial nail enhancements

XI. Shaving - 5 items

a) Procedures
   Preparation
   Shaving and shaving areas
   Post-shave

b) Techniques
   Presothing the beard with steam towels
   Lathering
   Shaving strokes

b) Products and implements

XII. New Jersey Laws and Regulations - 5 items

REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below are used to prepare the questions for this examination.

- New Jersey Statutes, Title 45 - Professions and Occupations, 2013 (NJS4513) http://law.justia.com/codes/new-jersey/2013/title-45

PSI National Examination for Skin Care Specialist

105 Scored items; 10 pretest items
2 hours

I. Safety, Sanitation, and Disinfection - 25 items

a) Safe working conditions and practices
   Environment
   Protective coverings (e.g. draping, gloves)
   Water temperature
   Chemical labeling and storage
   Safety Data Sheet (SDS)
   Patch test
   Prohibited materials

b) Safety agencies
   Occupational Safety and Health Agency (OSHA)
   Food and Drug Administration (FDA)
   Environmental Protection Agency (EPA)

c) Infection control
   Infectious diseases and pathogens
   Sanitation and disinfection
   Levels of decontamination
   Cleaners and disinfectants
   Procedures for tools, equipment, and work surfaces
   Storage of tools and equipments
   Single and multiuse items
   Prevention of cross-contamination

d) Standard precautions for exposure incidents
   Procedures
   First aid kit
   Blood-spill disinfection and disposal

II. Client Consultation and Professional Conduct - 5 items

a) Client consultation
   Intake form
   Contraindications

b) Record keeping

b) Professional ethics

d) Personal hygiene
PSI National Examination for Skin Care Specialist

III. Skin Structure and Physiology - 20 items

- Skin structure and anatomy
- Skin types
- Skin conditions and disorders

IV. Skin Treatments - 25 items

- Skin analysis
- Products and product chemistry
- Procedures
  - Cleansing
  - Exfoliation (mechanical and chemical)*
  - Steaming
  - Masks
  - Moisturizer and sunscreen
- Tools, implements, and equipment
- Massage manipulations
- Electricity and Electrotherapy (e.g., Galvanic, High Frequency, Light Therapy)*

V. Hair Removal - 10 items

- Waxing
  - Application and removal
  - Types of wax
  - Temperature precautions
- Tweezing

VI. Makeup - 15 items

- Application and removal
- Color theory
- Corrective make up
- Brushes and tools

VII. New Jersey Laws and Regulations - 5 items

REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below are used to prepare the questions for this examination.


PSI National Examination for Manicurist

105 Scored items; 10 pretest items
2 hours

I. Safety, Sanitation, and Disinfection - 25 items

- Safe working conditions and practices
  - Environment
  - Protective coverings (e.g. draping, gloves)
  - Water temperature
  - Chemical labeling and storage
  - Safety Data Sheet (SDS)
  - Prohibited materials
- Safety Agencies
  - Occupational Safety and Health Agency (OSHA)
  - Food and Drug Administration (FDA)
  - Environmental Protection Agency (EPA)
- Infection control
  - Infectious diseases and pathogens
  - Sanitation and disinfection
    - Levels of decontamination
    - Cleaners and disinfectants
    - Procedures for tools, equipment, and work surfaces
    - Sanitation and disinfection of pedicure spa/foot bath
    - Storage of tools and equipments
    - Single and multiuse items
    - Prevention of cross-contamination
- Standard precautions for exposure incidents
  - Procedures
  - First aid kit
  - Blood-spill disinfection and disposal

II. Client Consultation and Professional Conduct - 5 items

- Client consultation
- Record keeping
- Professional ethics
- Personal hygiene

III. Nail Structure and Physiology - 15 items

- Nail structure
- Nail conditions and disorders

IV. Basic Manicure and Pedicure - 32 items

- Products
- Procedures
  - Preparing hands and feet for services
  - Grooming nails and cuticles
  - Natural nail repair
  - Buffing, shaping, and polishing
- Tools and equipment
- Hand and foot massage manipulations
PSI National Examination for Manicurist

V. Artificial Nail Enhancements - 18 items

a) Application and removal procedures
   - Nail tips
   - Gels and acrylics
b) Tools, equipment, and products
c) Maintenance

VI. Hair Removal - 5 items

a) Waxing
b) Tweezing

VII. New Jersey Laws and Regulations - 5 Items

REFERENCE LIST

This examination is CLOSED BOOK.
The reference materials listed below are used to prepare the questions for this examination.

- New Jersey Statutes, Title 45 - Professions and Occupations, 2013 (NJS4513) http://law.justia.com/codes/new-jersey/2013/title-45

PSI National Examination for Teachers

105 Scored items; 10 pretest items
2 hours

I. Instructor-Student Relationship - 11 items

a) Learning styles and types of students
b) Communication techniques
c) Learning conditions

II. Lesson Plans - 22 items

a) Performance goals and objectives
b) Lesson plan development
c) Components of an effective lesson plan

III. Teaching Methods - 30 items

a) Demonstrations
b) Implements/equipment used for instruction
c) Student motivation and maintaining student interest
d) Instructor characteristics and teaching styles

IV. Student Evaluation and Testing Methods - 11 items

a) Developing tests
b) Grading methods

V. Classroom Management - 26 items

a) Conflict management
b) Professionalism
c) Learning behavior
d) Educational environment

VI. New Jersey Laws and Regulations - 5 Items

REFERENCE LIST

This examination is CLOSED BOOK.
The reference materials listed below are used to prepare the questions for this examination.

- New Jersey Statutes, Title 45 - Professions and Occupations, 2013 (NJS4513) http://law.justia.com/codes/new-jersey/2013/title-45

PSI National Examination for Barber

105 Scored items; 10 pretest items
2 hours

I. Safety, Sanitation, and Disinfection - 25 items

a) Safe working conditions and practices
   - Environment
   - Protective coverings
   - Chemical labeling and storage
   - Water temperature
   - Safety Data Sheet (SDS)
   - Patch test
   - Prohibited materials
b) Safety agencies
   - Occupational Safety and Health Agency (OSHA)
   - Food and Drug Administration (FDA)
   - Environmental Protection Agency (EPA)
c) Infection control
   - Infectious diseases and pathogens
   - Levels of decontamination
   - Cleansers and disinfectants
   - Procedures for tools, equipment, and work surfaces
   - Storage of tools and equipments
   - Single and multiuse items
   - Prevention of cross-contamination
d) Standard Precautions for exposure incidents
   - First aid kit
# PSI National Examination for Barber

Blood-spill disinfection and disposal

## II. Professional Conduct - 3 items

a) Record keeping  
b) Professional ethics  
c) Personal hygiene

## III. Hair, Scalp & Skin Anatomy - 10 items

a) Hair and scalp structure and physiology  
   Hair structure  
   Hair type (e.g., texture, elasticity, density, porosity)  
   Hair growth phases  
   Hair and scalp conditions and disorders  
b) Skin structure and physiology  
   Skin structure  
   Skin types  
   Skin conditions and disorders

## IV. Shampooing, Conditioning, and Scalp Care - 4 items

a) Shampoos and conditioners  
   Purpose  
   Procedures  
b) Scalp Care  
   Scalp analysis  
   Scalp massage  
   Special procedures for presence of scalp conditions

## V. Hairstyling - 8 items

a) Blow dry styling producers  
b) Combs and brushes  
c) Temperature precautions  
d) Styling aids and products

## VI. Haircutting - 15 items

a) Types of haircuts  
   Blunt  
   Tapered/Fade  
   Layered  
b) Guidelines  
c) Sectioning hair  
d) Thinning and texturizing  
e) Using a razor  
f) Using clippers  
g) scissors/shears

## VII. Chemical Services - 20 items

a) Hair Coloring  
   Color theory  
   Hair color application  
   Virgin  
   Retouch  
   Coloring mustache and beard  
b) Permanent waving  
   Sp[e]Products  
   Hair and scalp preparation for permanent waving  
   Application, processing, and removing products  
   Techniques of wrapping hair with rods and other tools  
c) Relaxing and chemical straightening  
   Products  
   Hair and scalp preparation for chemical straightening  
   Application, processing, and removing products

## VIII. Shaving and Beard Design - 10 items

a) Procedures  
   Preparation  
   Shaving and shaving areas  
   Post-shave  
b) Techniques  
   Presofterning the beard with steam towels  
   Lathering  
   Shaving strokes  
   Freehand  
   Backhand  
   Reverse freehand  
   Reverse backhand  
   Beard and mustached design  
   Products and implements

## IX. Skin Care - 5 items

a) Products  
b) Skin Analysis  
c) Cleansing the skin with steam towels  
d) Massage manipulations

## XII. New Jersey Laws and Regulations - 5 Items

This examination is CLOSED BOOK.

The reference materials listed below are used to prepare the questions for this examination.

All examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990. Candidates with disabilities or those who would otherwise have difficulty taking the examination may request exam accommodations.

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