



# NATIONAL ACADEMY OF SPORTS MEDICINE (NASM)

## EXAMINATION:

Certification Examination in Certified Personal Trainer (CPT)

*\*\*Please note that score reporting for the CPT exam is now instantaneous.*

## ELIGIBILITY:

Candidates interested in taking the Certification Examination in Certified Personal Trainer (CPT) should contact NASM for qualifications and an application. Certified Personal Trainers are entitled to use the credential NASM-CPT.

Students who are under the age of 18 must provide the document at the bottom of this CIB (NASM Academic Partner High School Verification) to the proctor at the time of testing (to be returned to the candidate upon completion of their exam) or provide their GED or High School Diploma to the proctor at the time of testing.

National Academy of Sports Medicine (NASM)  
1750 E. Northrop Blvd. Suite 200  
Chandler, AZ 85286  
Toll-free 800-460-NASM (6276)  
[www.nasm.org](http://www.nasm.org)

Once you have been approved, you are responsible for scheduling an appointment to take the examination. An Enrollment ID issued from NASM is required for scheduling.

## TELEPHONE REGISTRATION

To schedule an examination by phone:

- Candidates in the US or Canada: call 833-537-1330.
- Candidates outside the US or Canada: call +1 702-939-6197.

The times of operation for live operators are as follows:

Time Zone	Monday - Friday	Saturday - Sunday
Eastern Time	7:30am - 10:00pm	9:00am - 5:30pm
Central Time	6:30am - 9:00pm	8:00am - 4:30pm
Mountain Time	5:30am - 8:00pm	7:00am - 3:30pm
Pacific Time	4:30am - 7:00pm	6:00am - 2:30pm

## CANCELING AN EXAMINATION APPOINTMENT

You may cancel and reschedule an examination appointment without forfeiting your fee if your *cancellation notice is received 24 hours before the scheduled examination date.*

**Note: A voicemail message is not an acceptable form of cancellation. Please use the telephone system and speak to a Customer Service Representative.**

## MISSED APPOINTMENT OR LATE CANCELLATION

Your registration will be invalid, you will not be able to take the examination as scheduled, and you will forfeit your examination fee, if you:

- Do not cancel your appointment 24 hours before the scheduled examination date;
- Do not appear for your examination appointment;
- Arrive after examination start time;
- Do not present proper identification when you arrive for the examination.

## REQUIRED IDENTIFICATION AT THE EXAMINATION SITE

Candidates need to provide the following:

- One form of ID is required. Must be valid, non-expired government-issued ID bearing photo and signature. Allowable forms of identification include:
  - A state issued driver's license
  - United States Department of State driver's license
  - A state issued identification card
  - A current United States military-issued identification (does not require signature.)
  - Any Government issued passport
  - A permanent resident card
  - Passport card (signature not required if card shows candidate name and photograph.)
  - Matricula Consular Card

- First and Last name on ID must match the name in the PSI system (for any discrepancies, use the Acceptable Names Discrepancy document to determine if the candidate's name variance will be permitted).
- If a candidate presents an ID with an alternate last name AND a legal document (e.g., divorce decree or marriage license) showing a last name has changed legally, then you may allow the person to test.
- Photo of candidate will **NOT** be taken at check-in.
- Students who are under the age of 18 must provide the document at the bottom of the CIB/PI (**NASM Academic Partner High School Verification**) to the proctor at the time of testing (to be returned to the candidate upon completion of their exam) or provide their GED or High School Diploma to the proctor at the time of testing.
- Applicant must have current Emergency Cardiac Care (CPR) Certification. Photocopies of current and valid CPR cards are acceptable.  
*Note: In the absence of a CPR card, the candidate must show a letter on letterhead paper of the organization that authorized the instructor to teach the course. The letter must show the candidate's name, date completed, expiration date, instructor's name, Instructor number, verification of hands-on evaluation.*
- Applicant can show EMT (Emergency Medical Technician) card in place of AED and/or CPR card
- Applicant can show BLS (Basic Life Support) card in place of AED and/or CPR card.
- A letter from an Agency stating that the applicant has passed their AED Course, their CPR or their BLS (Basic Life Support) course is allowed.
- CPR for the Professional Rescuer is an accepted CPR/AED course for NASM candidates.
- Must have proof of current Automated External Defibrillator (AED) Certification. Photocopies of AED cards are acceptable (Need copy of front and back).
  - Cards **MUST** be signed by the Instructor and candidate. Electronic/stamped signatures of instructors are allowed.
  - American Red Cross now issues a CPR/AED certificate that does NOT have a signature. This certificate of completion is acceptable. **Please note** that candidates who receive a digital certificate from the American Red Cross must still bring a printout of the digital certificate with them to the test center.
  - American Heart Association AED certificates and cards are allowed without the trainer's signature.
  - National Safety Council uses the word ECC instead of AED on their cards. Both are the same.
  - NOTE: AED is not included with CPR, so if they just present a CPR card, it will not suffice. It does need to say both CPR/AED.
  - First Aid card does include AED.
  - Digital copies of CPR or AED certifications are not allowed. (via phone, tablet, etc.)

## SECURITY PROCEDURES

The following security procedures will apply during the examination:

**No writing instruments or scratch paper allowed or provided.  
No calculators allowed or provided.**

- While at an examination site, you are considered to be a professional and shall be treated as such. In turn, you must conduct yourself in a professional manner at all times. While at the site, you shall not use words or take actions that are vulgar, obscene, libelous, or that would denigrate the staff or other candidates.
- NO conversing or any other form of communication among candidates is permitted once you enter the examination area.
- Cell phones, pagers, and children are not allowed in the examination center. NO personal items are to enter the testing center. Candidates are encouraged to leave all personal belongings except their keys in their car.
- No smoking, eating, or drinking will be allowed at the examination site.
- Copying or communicating examination content is a violation of security policy. Either one may result in the disqualification of examination results and may lead to legal action.

## TESTING SITES

There are worldwide examination centers. You will be provided with the locations upon scheduling for your examination.

## **NASM FREQUENTLY ASKED QUESTIONS**

**1. Is there a prerequisite or pre-approval for taking the exam?**

Yes. You must be pre-approved by the National Academy of Sports Medicine. You must also have a valid CPR and AED Certification card.

**2. Where can I obtain study materials?**

Please visit <https://www.nasm.org/become-a-personal-trainer>

**3. Is there a practice test available?**

There is a practice exam on-line that the students can take when they purchase the CPT materials.

**4. What materials may I bring into the test center?**

You are not allowed to bring materials or belongings into the testing room.

**5. How long do I have to pass the test?**

You have 180 days from your registration date to schedule and attempt your Certification Exam. Once you begin, you will have 2 hours to complete your examination attempt.

**6. Can I see which questions I answered incorrectly?**

Upon completion, you will be given a PASS / FAIL status.

**7. If I fail the exam, how long do I have to wait before retesting? Will I have to pay to retest?**

You will need to contact NASM 800-460-6276 to re-apply to take the exam an additional time. You will be required to pay an additional fee to re-test. \*Please note: Waiting periods may apply to retest attempts.

**8. If I miss my appointment, do I have to pay again to reschedule?**

If you do not give 24-hour notice, you will forfeit your test fee. You will be required to pay the exam fee again to reschedule.

## NASM Academic Partner High School Verification

Date:

To whom it may concern:

This is verification that student \_\_\_\_\_ (student name) has completed all coursework required and will graduate with their high school diploma from \_\_\_\_\_ (Educational Institution Name) as of \_\_\_\_\_ (date of graduation).

Verifying authorities:

\_\_\_\_\_

Principal/Dean of verifying Institution

\_\_\_\_\_

Date

\_\_\_\_\_

Course Instructor

\_\_\_\_\_

Date