



Before paying for your examination registration, be sure you understand the contents of this bulletin. Please retain and use it as a reference when contacting PSI.

PSI licensure:certification
3210 E Tropicana
Las Vegas, NV 89121
www.psiexams.com

TENNESSEE COSMETOLOGY BOARD



TENNESSEE AESTHETICIAN EXAMINATION CANDIDATE INFORMATION BULLETIN

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Please refer to our website to check for the most updated information at www.psiexams.com.

EXAMINATIONS BY PSI LICENSURE: CERTIFICATION

This Candidate Information Bulletin provides you with information about the examination and application process for an aesthetician licensee in the State of Tennessee.

The Tennessee Cosmetology Board has contracted with PSI to conduct the examination program. PSI provides examinations through a network of computer examination centers in Tennessee. PSI works closely with the State to be certain that examinations meet local as well as national requirements in basic principles and examination development standards.

APPROVAL TO TAKE THE EXAMINATION

You must be pre-approved to take the examination. Your education provider will provide your eligibility, electronically, to PSI upon successful completion of the course requirements. You will receive an email confirmation immediately after you have been submitted.

After your provider has submitted your file to PSI, please go to www.psiexams.com or call 1-800-733-9267 to pay for and schedule your examination. Note, if PSI does not have your record, please contact your education provider.

The Aesthetician examination is offered in Vietnamese and Spanish, as well as English.

NAME CHANGE INSTRUCTIONS

If your name differs on any of your paperwork, please include documentation of legal name changes. This may require multiple marriage certificates, or other legal documents, if your name has changed more than once.

EXAMINATION REGISTRATION PAYMENT AND SCHEDULING PROCEDURES

You must pass the Aesthetician Theory portion of the examination before you can pay the fee and schedule the Aesthetician Practical portion. You have 3 years to pass both portions to qualify for a license. Once you pass both portions, you have 6 months to apply for licensure.

The Aesthetician Theory Portion and the Aesthetician Practical Portion may not be administered at the same location. Please verify each address listed in this Bulletin.

EXAMINATION FEE

Aesthetician Theory Portion only	\$70
Aesthetician Practical Portion only	\$70
Aesthetician Reinstatement	\$35

NOTE: EXAMINATION FEES ARE NOT REFUNDABLE OR TRANSFERABLE. THE EXAMINATION FEE IS VALID FOR ONE YEAR FROM THE DATE OF PAYMENT.

ONLINE (WWW.PSIEXAMS.COM)

For the fastest and most convenient examination scheduling process, register for your examinations online by accessing PSI's registration Web site at www.psiexams.com. Internet registration is available 24 hours a day.

- Log onto PSI's website and create an account. Please enter your email address and first and last name. This information must match exactly with the information submitted on your application. Be sure to **check the box next to "Check here to attempt to locate existing records for you in the system"**
- You will be asked to select the examination and enter your SS#. Your record will be found and you will now be ready to pay and schedule for the exam. Enter your zip code and a list of the testing sites closest to you will appear. Once you select the desired test site, available dates will appear. If you have problems contact PSI at (800) 733-9267 for help.

TELEPHONE

- To register by phone, you need a valid credit card (Visa, MasterCard, American Express or Discover).
- Call (800) 733-9267 Monday through Friday between 6:30 am and 9:00 pm, and Saturday-Sunday between 8:00 am and 4:30 pm, Central Time, to speak to a Customer Service Representative.

FAX REGISTRATION

Complete the PSI registration form (found at the end of this bulletin), including your credit card number and expiration date. Fax the completed form to PSI at (702) 932-2666. Fax registrations are accepted 24 hours a day.

Please allow 4 business days to process your Registration. After 4 business days, you may go online or call PSI to schedule the examination.

EMAIL REGISTRATION

Complete the PSI registration form (found at the end of this bulletin), including your credit card number and expiration date. Email the completed form to PSI at examschedule@psionline.com. Email registrations are accepted 24 hours a day.

Please allow 4 business days to process your Registration. After 4 business days, you may go online or call PSI to schedule the examination.

STANDARD MAIL REGISTRATION

Complete the PSI registration form (found at the end of this bulletin), and send the form with the appropriate examination fee to PSI. You may pay fees by credit card (Visa, MasterCard, American Express or Discover), money order, company check or cashier's check. Make money order or check payable to PSI and print your name on it to ensure the payment is applied to your registration. **CASH and PERSONAL CHECKS ARE NOT ACCEPTED.**



EXAMINATION REVIEW

Please allow PSI 2 weeks to process a mailed registration. After 2 weeks, you may go online or call PSI to schedule the examination.

RESCHEDULING/CANCELING AN EXAMINATION APPOINTMENT

You may cancel and reschedule an examination appointment without forfeiting your fee if PSI receives your *cancellation at least 2 days before the scheduled examination date*. For example, for a Monday appointment, you would need to cancel your appointment on or before the previous Saturday.

To cancel an appointment, you can use PSI's Internet web site or call (800) 733-9267, Monday through Friday between 6:30 am and 9:00 pm, and Saturday-Sunday between 8:00 am and 4:30 pm, Central Time, to speak to a Customer Service Representative.

Note: You cannot cancel an appointment by leaving a voice mail message. You must use the PSI Website or speak directly to a PSI customer service representative.

MISSED APPOINTMENT OR LATE CANCELLATION

You will forfeit your examination fee if you:

- Do not cancel your appointment at least 2 days before the scheduled examination date;
- Do not appear for your examination appointment;
- Arrive after examination start time; or
- Do not present proper identification when you arrive for the examination.

EXAM ACCOMMODATIONS

All PSI examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990, and exam accommodations will be made in meeting a candidate's needs. An applicant with a disability or an applicant who would otherwise have difficulty taking the examination must complete the Exam Accommodations Request Form at the end of this Candidate Information Bulletin and must fax it to PSI (702) 932-2666 or email to PSI at examaccommodations@psionline.com.

EXAMINATION TEST CENTER CLOSING FOR AN EMERGENCY

If severe weather or another emergency forces the closure of an examination center on a scheduled examination date, your examination will be rescheduled. PSI personnel will attempt to contact you in this situation. However, you may check the status of your examination appointment by calling (800) 733-9267 or viewing the website at www.psiexam.com. Every effort will be made to reschedule your examination at a convenient time as soon as possible. You will not be penalized. Your exam will be rescheduled at no additional charge to you.

PSI, in cooperation with the Tennessee Cosmetology Board, will be consistently evaluating the examinations being administered to ensure that the examinations accurately measure competency in the required knowledge areas. Comments may be given in written form to the examination proctor at the end of the examination, or entered on the computer keyboard during the examination. Comments may also be entered by clicking the Comments link on the function bar of the test question screen.

Comments will be analyzed by PSI examination development staff. While PSI does not respond to individuals regarding these comments, all substantive comments are reviewed. If a discrepancy is found during the comment review, PSI and the Board may re-evaluate candidates' results and adjust them accordingly. **This is the only review of the Theory examination available to candidates. There is NO review process for the Practical portion of the exam.**

EXAMINATION SITE LOCATIONS FOR AESTHETICIAN THEORY AND LAW PORTIONS

The Aesthetician Theory and Law portions are administered at the examination centers listed below:

Chattanooga
6918 Shallowford Rd., Suite 314
Chattanooga, TN 37421

Take I-24 thru Chattanooga. Merge onto I-75 N (toward Knoxville). Take Exit #5 - Shallowford Rd. Turn Left onto Shallowford. The office is on the left.

Jackson
368 North Parkway, #3
Jackson, TN 38305

From I-40, Exit 80A onto South 45 Bypass. Third Signal light is North Parkway. Go left onto North Parkway and then go right into the first driveway on your right.

From the South, take Bypass 45 North to North Parkway and go right onto North Parkway and right into first driveway on the right.

North Parkway is also known as Business Route 412. Coming from the east on 412, turn left into last driveway on the left. Coming from the West on North Parkway, turn right into the first driveway on the right, after crossing the 45 Bypass.

Johnson City
904 Sunset Drive, Suite 7A
Johnson City, TN 37604

Take I-26 to Exit 19 (Old number 36). Go South on Highway 381 (North State of Franklin Road) approximately 2.2 miles. At the 4th light turn left (this is Sunset Drive), go approximately .7 tenths of a mile. There is a large building on the left hand side of the road. This is 904 Sunset Drive. Suite 7A is in the row of office spaces behind this building.



**EXAMINATION SITE LOCATIONS
FOR AESTHETICIAN PRACTICAL PORTION**

Knoxville

301 South Gallaher View Rd, Suite 114
Knoxville, TN 37919

Traveling I-40/I-75 East Bound, take exit # 379 (Bridgewater Rd.) Turn right onto Bridgewater Rd. Turn Left onto Kingston Pike. Turn right onto South Gallaher View Rd.

Memphis

Apple Tree Center
6099 Mt. Moriah Extended, Suite 17
Memphis, TN 38115

Coming North from Mississippi on Interstate Hwy 55, take Interstate Hwy 240 East. Proceed 8.5 miles to Mt. Moriah Rd. Exit. Go South on Mt. Moriah Road 2.2 miles. Apple Tree Center is on the right (just past the intersection with Hickory Hill and Ridgeway roads).

Coming West on Interstate Hwy 40 from Nashville, exit on Interstate Hwy 240 West (the ring road). Proceed approx. 6.5 miles. Pass Poplar Ave. exit and then take Mt. Moriah Road Exit. Turn left (South) on Mt. Moriah and proceed 2.2 miles to Apple Tree Center on the right.

Coming East on Interstate Hwy 40, exit onto Interstate Hwy 240 South. Go approx. 6 miles to the junction with Interstate Hwy 55. Then proceed another 8.5 miles on Interstate Hwy 240 East, passing Airways Blvd., Lamar Ave., Getwell and Perkins Road exits, before exiting on Mt. Moriah Road.

For all going South on Mt. Moriah Rd., take the second entrance into Apple Tree Center. Turn left between the two buildings on the left. Then, proceed to Suite 17, which is the last suite on the left (in Bldg. 6099).

Nashville

The Oaks
1102 Kermit Drive, Suite 101
Nashville, TN 37217

From I-40 East: take exit onto I-24 (Exit 213-A). Take Murfreesboro Road at the first exit (Exit 52). Stay in the right lane on the ramp, as the exit appears while you are still in the curve. On Murfreesboro, stay in the left lane. You will pass Days Inn and Super Gigante grocery on your right. Turn left onto Kermit Drive when there is a McDonalds on your right. PSI is in the second building on the left.

From I-40 West: take exit onto Briley Parkway, turn left onto Briley Pkwy. Exit onto Murfreesboro Rd. Stay in the right lane. Turn right onto Kermit Drive. PSI is in the second building on the left.

PSI Memphis

Apple Tree Center
6099 Mt. Moriah Extended, Suite 26
Memphis, TN 38115

Coming North from Mississippi on Interstate Hwy 55, take Interstate Hwy 240 East. Proceed 8.5 miles to Mt. Moriah Rd. Exit. Go South on Mt. Moriah Road 2.2 miles. Apple Tree Center is on the right (just past the intersection with Hickory Hill and Ridgeway roads).

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PSI Nashville

Corporate Park, Bldg. B
444 Metroplex Dr., Suite B100
Nashville, TN 37211

From I-40, exit onto I-24 East. From I-24 Exit #56 onto Harding Place (if exiting from I-24 East, turn left onto Harding, if existing from I-24 West, turn right onto Harding). Turn left at the first traffic light (Metroplex Drive). Turn right into Corporate Park. Go to the last building in the left. A sign in front shows "444 Metroplex". Go to the back of the building to the first floor. Enter through double doors - Ste 100.

PSI Knoxville

9050 Executive Park Dr., Suite 206B
Knoxville, TN 37923

Traveling I-40/I-75 West Bound, take exit #378 (Cedar Bluff Rd.) Then take exit #378B (Executive Park Dr.). At the red light turn right onto Executive Park Dr. Turn right into 9050 on the right (Financial Plaza).

Traveling I-40/I-75 East Bound, take exit # 378 (Cedar Bluff Rd.) At the end of the ramp, at the red light, turn left onto Cedar Bluff Rd. At the 2nd light turn right onto Executive Park Dr. Go past the 1st red light and turn into 9050 on the right (Financial Plaza).

The suite is in the back of the building.



REPORTING TO THE EXAMINATION SITE

On the day of the examination, you should arrive at least 30 minutes prior to your scheduled appointment time. This allows time for sign-in and identification verification and provides time to familiarize yourself with the examination process. *If you arrive late, you may not be admitted to the examination site and you will forfeit your examination registration fee.*

REQUIRED IDENTIFICATION AT EXAMINATION SITE

You must provide 2 forms of identification. One must be a VALID form of government issued identification (driver's license, state ID, passport), which bears your signature and has your photograph or a complete physical description. The second ID must have your signature and preprinted legal name. All identification provided must match the name on the Examination Registration Form.

If you cannot provide the required identification, you must call (800) 733-9267 at least 3 weeks prior to your scheduled appointment to arrange a way to meet this security requirement. *Failure to provide all of the required identification at the time of the examination without notifying PSI is considered a missed appointment, and you will not be able to take the examination.*

Additional requirements for the Aesthetician Practical Portion ONLY:

Each model must provide identification as indicated above for candidates.

Candidates are required to wear either (1) their school uniform or smock with no identifying marks, or (2) a smock, shirt, and long pants (no jeans). All identifying marks on candidates' attire and supplies such as school logos must be covered before entering the testing facility. All candidates must wear closed-toe shoes.

SECURITY PROCEDURES

The following security procedures will apply during the examination:

- Only non-programmable calculators that are silent, battery-operated, do not have paper tape printing capabilities, and do not have a keyboard containing the alphabet will be allowed in the examination site.
- Candidates may take only approved items into the examination room.
- All personal belongings of candidates, with the exception of close-fitting jackets or sweatshirts, should be placed in the secure storage provided at each site prior to entering the examination room. Personal belongings **include, but are not limited to**, the following items:
 - **Electronic devices of any type**, including cellular / mobile phones, recording devices, electronic watches, cameras, pagers, laptop computers, tablet computers (e.g., iPads), music players (e.g., iPods), smart watches, radios, or electronic games.
 - **Bulky or loose clothing or coats** that could be used to conceal recording devices or notes, including coats, shawls, hooded clothing, heavy jackets, or overcoats.

- **Hats or headgear not worn for religious reasons** or as religious apparel, including hats, baseball caps, or visors.
- **Other personal items**, including purses, notebooks, reference or reading material, briefcases, backpacks, wallets, pens, pencils, other writing devices, food, drinks, and good luck items.
- Person(s) accompanying an examination candidate may not wait in the examination center, inside the building or on the building's property. This applies to guests of any nature, including drivers, children, friends, family, colleagues or instructors.
- No smoking, eating, or drinking is allowed in the examination center.
- During the check in process, all candidates will be asked if they possess any prohibited items. Candidates may also be asked to empty their pockets and turn them out for the proctor to ensure they are empty. The proctor may also ask candidates to lift up the ends of their sleeves and the bottoms of their pant legs to ensure that notes or recording devices are not being hidden there.
- Proctors will also carefully inspect eyeglass frames, tie tacks, or any other apparel that could be used to harbor a recording device. Proctors will ask to inspect any such items in candidates' pockets.
- If prohibited items are found during check-in, candidates shall put them in the provided secure storage or return these items to their vehicle. PSI will not be responsible for the security of any personal belongings or prohibited items.
- Any candidate possessing prohibited items in the examination room shall immediately have his or her test results invalidated, and PSI shall notify the examination sponsor of the occurrence.
- Any candidate seen giving or receiving assistance on an examination, found with unauthorized materials, or who violates any security regulations will be asked to surrender all examination materials and to leave the examination center. All such instances will be reported to the examination sponsor.
- Copying or communicating examination content is violation of a candidate's contract with PSI, and federal and state law. Either may result in the disqualification of examination results and may lead to legal action.
- Once candidates have been seated and the examination begins, they may leave the examination room only to use the restroom, and only after obtaining permission from the proctor. Candidate will not receive extra time to complete the examination.

AESTHETICAN THEORY AND LAW PORTIONS

The examination will be administered via computer. You will be using a mouse and computer keyboard.

IDENTIFICATION SCREEN

You will be directed to a semiprivate testing station to take the examination. When you are seated at the testing station, you will be prompted to confirm your name, identification number, and the examination for which you are registered.



TUTORIAL

Before you start your examination, an introductory tutorial is provided on the computer screen. The time you spend on this tutorial, up to 15 minutes, DOES NOT count as part of your examination time. Sample questions are included following the tutorial so that you may practice answering questions, and reviewing your answers.

The "Function Bar" at the top of the test question provides mouse-click access to the features available while taking the examination.

Question: 3 of 40 Answered: 2 Unanswered: 1 Marked: 0 View: All Time Left(Min): 359

3. What do the stars on the United States of America's flag represent?

(Choose from the following options)

1. Presidents

2. Colonies

3. States

4. Wars

<< Back Next >>

One question appears on the screen at a time. During the examination, minutes remaining will be displayed at the top of the screen and updated as you record your answers.

IMPORTANT: After you have entered your responses, you will later be able to return to any question(s) and change your response, provided the examination time has not run out.

EXPERIMENTAL QUESTIONS

In addition to the number of examination questions specified in the "Examination Content Outlines", a small number (5) of "experimental" questions may be administered to candidates during the examinations. These questions will not be scored and the time taken to answer them will not count against examination time. The administration of such unscored, experimental questions is an essential step in developing future licensing examinations.

AESTHETICIAN THEORY PORTION

CONTENT OUTLINE

The examination content outline has been prepared and is periodically updated by committees of professionals who are subject matter experts in the practice of Aesthetics, Aesthetic instruction, and Aesthetic regulatory issues. The examination content outline identifies areas of importance to licensees in order for them to perform their duties to the public in a competent and legally responsible manner.

Use the outline as a guide for pre-examination review of reference material. The outline lists the topics that are on the examination and the number of questions for each topic. Do not schedule your examination until you are familiar with the topics on the outline.

The examination consists of 75 questions and you will have 1 hour and 30 minutes.

Content Outline

- I. **Sanitation, Disinfection, and Safety** (20%; 15 questions)
 - a. Cleaning and Disinfecting of Implements and Equipment
 - b. Cleaning and Disinfecting of Work Environment
 - c. Determining Client Allergies
 - d. Sanitary Procedures and Pathogens
- II. **Client Consultation and Analysis** (10%; 8 questions)
 - a. Communication with Client
 - b. Evaluation of Skin
 - c. Human Physiology
- III. **Basic Facial Treatments** (20%; 15 questions)
 - a. Facial Massage
 - b. Extraction
 - c. Steam Facials
 - d. Masks
 - e. Products
 - f. Exfoliation
- IV. **Advanced Facial Treatments** (20%; 15 questions)
 - a. Chemical and Enzyme Peels
 - b. High-Frequency Machine
 - c. Other Electrical Skin Care Devices (e.g., galvanic currents, vacuuming, brushing)
- V. **Hair Removal** (10%; 7 questions)
 - a. Shaping Eyebrows
 - b. Waxing
 - c. Depilatories
 - d. Tweezing
- VI. **Facial Makeup** (10%; 7 questions)
 - a. Cosmetics
 - b. Eyelashes
 - c. Pigment Inhibitors
- VII. **Licensing** (10%; 8 questions)
 - a. Meeting Licensure Requirements/Licensed Duties
 - b. Renewal
 - c. Board Responsibilities and Disciplinary Actions
 - d. Displaying the License
 - e. Salon Owner and Manager Responsibilities
 - f. Change of Address

REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below were used to prepare the questions for this examination.

Salon Fundamentals-Esthetics: A Resource for Your Skin Care Career, 2nd edition, 2007, www.pivot-point.com

Milady's Standard Fundamentals for Estheticians, 2013. Cengage Learning, www.cengage.com

Rules of Tennessee State Board of Cosmetology, Chapter 0440, 2008, Tennessee State Board of Cosmetology and Barber Examiners, <http://www.state.tn.us/sos/rules/0440/0440.htm>

Tennessee Code Title 62 Professions, Businesses and Trades, Chapter 4 Tennessee Cosmetology Act of 1986, 2010, http://www.lawserver.com/law/state/tennessee/tn-code/tennessee_code_title_62_chapter_4

AESTHETICIAN LAW PORTION

Individuals who are under the age of 65 and would like to activate a retired license must take the law and practical portions. Individuals with licenses that have expired for 3 years or more must take the law and practical portions for reinstatement of their licenses (please see application form on PSI's website at www.psiexams.com). With Board approval, individuals who are licensed in another state and would like to obtain a Tennessee license must also take the law and practical portions.

CONTENT OUTLINE

The following content outline lists the topics that are on the examination and the number of questions for each topic. Do not schedule your examination until you are familiar with the topics in the outline.

The examination consists of 25 questions and you will have 40 minutes.

- I. **Sanitation, Disinfection, and Safety** (20%; 5 items)
 - a. Cleaning and Disinfecting of Implements and Equipment
 - b. Cleaning and Disinfecting of Work Environment
 - c. Sanitary Procedures and Pathogens
- II. **Licensing** (80%; 20 items)
 - a. Meeting Licensure Requirements/Licensed Duties
 - b. Renewal
 - c. Board Responsibilities and Disciplinary Actions
 - d. Displaying the License
 - e. Salon Owner and Manager Responsibilities
 - f. Change of Address

REFERENCE LIST

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The reference materials listed below were used to prepare the questions for this examination.

Rules of Tennessee State Board of Cosmetology, Chapter 0440, 2008, Tennessee State Board of Cosmetology and Barber Examiners, <http://www.state.tn.us/sos/rules/0440/0440.htm>

Tennessee Code Title 62 Professions, Businesses and Trades, Chapter 4 Tennessee Cosmetology Act of 1986, 2010, http://www.lawserver.com/law/state/tennessee/tn-code/tennessee_code_title_62_chapter_4

AESTHETICIAN THEORY AND LAW SCORE REPORTING

You must score at least 70 percent to pass the examination.

Your score will be given to you immediately following completion of the examination. The following summary describes the score reporting process:

- **On screen** - your results will appear immediately on the computer screen. This will happen automatically at the end of the time allowed for the examination; if you are using review features, you will be able to obtain your score immediately when you indicate that you have finished and would like to see your results.
 - If you **pass**, you will immediately receive a successful notification.
 - If you **do not pass**, you will immediately receive an unsuccessful notification on the screen along with a diagnostic report indicating your strengths and weaknesses. Registration forms for submittal to PSI to retake the examination will be available at the examination site.
- **On paper** - an official score report will be printed at the examination site.

DUPLICATE SCORE REPORT/LICENSE APPLICATION

You may request a duplicate score report and/or a license application after your examination by emailing scorereport@psionline.com or by calling 800-733-9267.



AESTHETICIAN PRACTICAL PORTION

For practical examination questions or concerns, please email cosmetology@psionline.com

Read the following instructions carefully so that you will be properly prepared for the examination.

- You are required to bring a live model. It is your responsibility to appear at the Aesthetician Practical Portion with a model who is at least 16 years of age. The model **CANNOT** be a student, operator, instructor, owner or manager in the field of cosmetology/aesthetics. Models may not have any past or current training in cosmetology. This includes training in Tennessee or any other state. **Note: each model must provide the same identification as the test candidate, (see page 5 for Required Identification for admittance to the test).**
- **Your model must bring a signed parental consent form with them if they are under 18 years of age.**
- Your model must be present with you at the time specified on the Admission Notice.
- **The model must be appropriate for examination purposes.** His/her face must be clean and free from skin disease and make-up, and facial hair.
- The model must be informed and agree to all procedures. It is mandatory that the model signs a release form at the test site attesting to his/her understanding of the services to be performed. If your model does not sign, it may affect your testing session. Please make sure that your model reads and understands this *Bulletin* and the services to be performed. You may only speak to your model as required to complete the examination.
- **Models must leave the testing center once they have finished participating.**
- **A proctor will be monitoring the time during the examination. Candidates will not receive points for any activities not completed within the allotted time limits.**
- Candidates are NOT allowed to use personal timers during the examination.
- **If you do NOT bring the items listed in the “Kits/Supplies and Equipment” section or bring a wrong item, you will NOT receive points for completing those steps.**
- During the Practical examination, you must follow all appropriate rules for patron protection that will ensure the health, safety, and welfare of the public.
- You may not observe other candidates during the examination.

KITS/SUPPLIES AND EQUIPMENT

It is recommended that you bring the following supplies to the practical examination.

- Towels
- Paper towels
- Spatulas or tongue depressors
- Cotton pads or Aesthetician wipes
- Massage cream (small bottle)
- Cleansing cream (small bottle)
- Treatment cream (small bottle)
- Astringent or toner (small bottle)
- Blood spill kit
- Sheets
- EPA-registered disinfectant
- 70% alcohol (medium bottle)
- Head covers
- Protective lotion (small bottle)
- White drape for model
- Plastic bag for waste materials
- Hand sanitizer
- Sanitizing bowl
- Gauze
- Gloves
- Tweezers
- Mock mask
- Mock wax (e.g., Vaseline, honey, lotion)
- Fabric wax strips
- Astringent

ITEMS SUPPLIED BY TESTING VENDOR

- 8 in 1 Aesthetician machine which includes:
 - Magnifying glass
 - Atomizer
 - Vaporizer
 - Vacuum
 - Facial brush
 - Galvanic machine component
 - High-frequency component
- Reclining facial chair
- Sinks
- Trashcans
- Aesthetician stools
- Distilled water
- Bleach
- Soap
- Wall clock

AESTHETICIAN PRACTICAL PORTION RATING CRITERIA

The following information will be used by examiners to grade your performance during the practical portion:

ALL PROCEDURE CRITERIA MUST BE PERFORMED IN CORRECT ORDER FOR THE CANDIDATE TO RECEIVE POINTS FOR THE TASKS.

It is NOT necessary to perform additional or altered steps/tasks not listed below. Items NOT listed below are NOT rated during the examination. Candidates MUST raise their hand at the end of each section indicating completion.

Pre-Exam Set Up and Disinfection

Time Allowed: 15 minutes

Safety Criteria (1 point each):

- 1) Implements and supplies are clean and bags are labeled as pre-sanitized in English ONLY
- 2) Disinfects work surfaces with approved EPA-registered disinfectant
- 3) Disinfects skin care equipment, tools, and implements with approved EPA-registered disinfectant
- 4) Sets up workstation by placing supplies on to workstation
- 5) Kit must remain closed

Main Topic: Skin Cleansing

Clean the model's skin and apply toner/freshener/astringent.

Time Allowed: 15 minutes

Procedure Criteria (1 point each):

- 1) Sanitizes own hands with hand sanitizer to include the wrist
- 2) Applies sheet over the bed
- 3) Applies protective drape to client's body
- 4) Applies head drape to ensure model's hair is away from the face
- 5) Re-sanitizes own hands with hand sanitizer to include the wrist
- 6) Cleanses eye area using eye makeup remover/cleanser
- 7) Cleanses lips using remover/cleanser with cotton/tissue
- 8) Distributes cleanser over entire face, without dragging or pulling skin
- 9) Safely uses rotary brush to cleanse face and neck
- 10) Ensures cleansing cream does not enter into eyes, nose, and mouth
- 11) Removes all residual make-up and cleanser using cotton/sponges/cotton gauze/towel
- 12) Sprays toner with atomizer over the entire face

Safety Criteria (1 point each):

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Ensures all containers remain closed when not in use
- 6) Kit must remain closed
- 7) Removes products from containers without contamination

Main Topic: Face Steaming

Steam the model's face.

Time Allowed: 10 minutes

Procedure Criteria (1 point each):

- 1) Sanitizes own hands with hand sanitizer to include the wrist
- 2) Analyzes condition of facial skin using magnifying lamp
- 3) Uses vaporizer to steam face at appropriate angle and position
- 4) Wrings out wet towel thoroughly and tests for temperature
- 5) Drapes towel to cover face so that nostrils and/or mouth are not covered
- 6) Gently lifts towel from face

Safety Criteria (1 point each):

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Kit must remain closed

Main topic: Facial Treatment

Time Allowed: 20 minutes

Procedure Criteria (1 point each):

- 1) Sanitizes own hands with hand sanitizer to include the wrist
- 2) Applies treatment cream on the entire face
- 3) Tests ventouse for proper strength before making contact with skin
- 4) Uses ventouse to vacuum around face and neck with appropriate force
- 5) Gives client inactive pole before turning on galvanic current
- 6) Covers face with gauze and rolls galvanic roller over facial skin
- 7) Communicates with client to determine galvanic current strength
- 8) Proceeds with galvanic current on the left side of the face
- 9) Maintains contact with skin during galvanic treatment
- 10) Turns down galvanic current before removing electrode from contact with skin
- 11) Grounds high-frequency electrode before making contact with skin
- 12) Proceeds with high-frequency on the right side of the face
- 13) Maintains contact with skin during high-frequency treatment
- 14) Grounds high-frequency electrode before removing electrode from contact with skin

Safety Criteria (1 point each):

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Ensures all containers remain closed when not in use
- 6) Kit must remain closed
- 7) Removes products from containers without contamination

Main Topic: Face Massaging

Apply massage cream and perform effleurage, petrissage, and tapotement manipulations.

Time Allowed: 15 minutes

Procedure Criteria (1 point each):

- 1) Applies product upward and outward using fingers/brush
- 2) Ensures skin does not pull excessively
- 3) Demonstrates effleurage manipulations while continuously maintaining contact
- 4) Demonstrates petrissage manipulations while continuously maintaining contact
- 5) Demonstrates tapotement manipulations while continuously maintaining contact
- 6) Removes all remaining product from face in an upward and outward direction using cotton/tissues/sponges/towels

Main Topic: Mask and Moisturizing

Apply and remove a mask and moisturize face.

Time Allowed: 15 minutes

Procedure Criteria (1 point each):

- 1) Applies mask smoothly and evenly, excluding eyes, lips, and nasal passages
- 2) Removes residual mask traces thoroughly in an upward and outward direction using a towel/cotton/sponges
- 3) Applies astringent, toner, or freshener via spray or with cotton
- 4) Applies moisturizer with fingers

Safety Criteria (1 point each):

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Ensures all containers remain closed when not in use
- 6) Kit must remain closed
- 7) Removes products from containers without contamination

Main Topic: Eyebrow Arch using Tweezers

Using tweezers, remove at least 6 hairs from eyebrow area of one eye and place on cotton/tissue.

Time Allowed: 10 minutes

Procedure Criteria (1 point each):

- 1) Wears gloves
- 2) Sanitizes eyebrow area with antiseptic
- 3) Holds skin taut while tweezing hairs
- 4) Removes at least 6 hairs following the natural direction of hair growth
- 5) Applies astringent to treated area of the eyebrow

Main Topic: Eyebrow Arch Using Mock Cold Wax

Demonstrate a mock wax application and hair removal from eyebrow area of one eye.

Time Allowed: 10 minutes

Procedure Criteria (1 point each):

- 1) Wears gloves
- 2) Sanitizes brow area with antiseptic
- 3) Wipes brow area dry with cotton
- 4) Tests temperature of mock wax product
- 5) Applies mock wax in direction of hair growth
- 6) Applies and bonds fabric over mock wax
- 7) Holds skin taut
- 8) Removes fabric wax strip
- 9) Applies pressure to treated brow area
- 10) Applies astringent to treated brow area

Safety Criteria (1 point each):

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Ensures all containers remain closed when not in use
- 6) Kit must remain closed
- 7) Removes products from containers without contamination

Main Topic: End of Exam Disinfection

Time Allowed: 15 minutes

Safety Criteria (1 point each):

- 1) Sanitizes own hands with hand sanitizer
- 2) Disposes of used coverings, towels, and sheets into plastic bag
- 3) Disinfects skin care equipment, tools, and implements using EPA-registered disinfectant
- 4) Disinfects work surfaces with approved EPA-registered disinfectant

Time for complete practical: 2 hours and 5 minutes

SCORING PROCEDURE**

The passing score for the entire practical portion is 70%.

- Based on the number of tasks for each practical component, the following are the weights:

Practical Component	Weight
Pre-Exam Set Up and Disinfection <ul style="list-style-type: none">• Safety Criteria	8%
Skin Cleansing <ul style="list-style-type: none">• Procedure Criteria• Safety Criteria	12% 7%
Face Steaming <ul style="list-style-type: none">• Procedure Criteria• Safety Criteria	6% 5%
Facial Treatment <ul style="list-style-type: none">• Procedure Criteria• Safety Criteria	14% 7%
Face Massaging <ul style="list-style-type: none">• Procedure Criteria	6%
Mask and Moisturizing <ul style="list-style-type: none">• Procedure Criteria• Safety Criteria	4% 7%
Eyebrow Arch Using Tweezers <ul style="list-style-type: none">• Procedure Criteria	5%
Eyebrow Arch Using Mock Cold Wax <ul style="list-style-type: none">• Procedure Criteria• Safety Criteria	10% 7%
End of Exam Disinfection <ul style="list-style-type: none">• Safety Criteria	4%
Total	100%**

**Percentage may not total 100 percent due to rounding.

TENNESSEE COSMETOLOGY

EXPOSURE INCIDENT (BLOOD SPILL) PROCEDURES

CANDIDATE SUSTAINS EXPOSURE INCIDENT:

1. Candidate MUST immediately stop the service.
2. Stop the bleeding by applying pressure to the area with a clean absorbent material (Cotton ball or piece of gauze)
3. Bring your Exposure Incident (Blood Spill) Kit to the Exposure Incident (Blood Spill) procedure area/workstation.
4. When the bleeding has stopped, clean the injured area with an antiseptic wipe
5. Bandage the cut with an adhesive bandage to completely cover cut
6. Cover bandaged cut with finger cot / glove
7. Using disinfectant clean Exposure Incident (Blood Spill) procedure area/workstation
8. Double bag soiled materials such as wipes or cotton balls and any contaminated items in a bag labeled as BioHazard
9. Sanitize hands
10. Return to workstation

MODEL SUSTAINS EXPOSURE INCIDENT:

1. Candidate MUST immediately stop the service
2. Wearing gloves, stop the bleeding by applying pressure to the area with a clean absorbent material (Cotton ball or piece of gauze)
3. When the bleeding has stopped, clean the injured area with an antiseptic wipe
4. Bandage the cut with an adhesive bandage to completely cover cut
5. Double bag soiled materials such as gloves, wipes or cotton balls and any contaminated items in a bag labeled as BioHazard
6. Sanitize hands
7. Continue service



TENNESSEE AESTHETICIAN EXAMINATION REGISTRATION FORM

Before you begin. . .

Read the Candidate Information Bulletin before filling out this registration form. You must provide all information requested and submit the appropriate fee. PLEASE TYPE OR PRINT LEGIBLY. Registration forms that are incomplete, illegible, or not accompanied by the proper fee will be returned unprocessed. Registration fees are not refundable or transferable.

1. Legal Name: _____
Last Name First Name Middle Name

2. Social Security: [] [] [] - [] [] - [] [] [] [] (FOR IDENTIFICATION PURPOSES ONLY)

3. Mailing Address: _____
Number, Street (Must be a physical address, PO Boxes are NOT accepted) Apt/Ste

City State Zip Code

4. Telephone: Home _____ - _____ Office _____ - _____

5. Email: _____ @ _____

6. School Code: [] [] [] []

7. Examination: (Check one) Aesthetician Theory Portion only (\$70) Aesthetician Practical Portion only (\$70)
 Aesthetician Reinstatement (\$35)
(Check one) FIRST TIME RETAKE

8. Total Fee Included: \$ _____. You may pay by credit card, company check, cashier's check or money order. Make your check or money order payable to PSI and note your Social Security # on it.

If paying by credit card, check one: VISA MasterCard American Express Discover

Card Number: _____ Exp. Date: _____

Card Verification No: _____ *The card verification number may be located on the back of the card (the last three digits on the signature strip) or on the front of the card (the four digits to the right and above the card account number).*

Billing Street Address: _____ Billing Zip Code: _____

Cardholder Name (Print): _____ Signature: _____

9. I am submitting the Exam Accommodations Request form and required documentation. (See end of bulletin.) Yes No

10. Affidavit: I certify that the information provided on this registration form (and/or telephonically to PSI) is correct. I understand that any falsification of information may result in denial of licensure. I have read and understand the examination information bulletin.

Signature: _____ Date: _____

IF YOU ARE REGISTERING BY MAIL OR FAX, SIGN AND DATE THIS REGISTRATION FORM ON THE LINES PROVIDED.
Complete and forward this registration form with the applicable examination fee to:
PSI licensure:certification * ATTN: Examination Registration TN COS
3210 E Tropicana * Las Vegas, NV * 89121
Fax (702) 932-2666 * (800) 733-9267 * TTY (800) 735-2929
www.psiexams.com

If you are using a live model, you MUST bring this form to your Practical examination. If your model is under the age of 18, this form MUST be completed and signed by the model's parent or legal guardian and presented on the day of your Practical examination. If you do not have a completed form at the time of the examination, you will not be allowed to take the examination and you will forfeit your fees.

Release of Liability & Indemnity Agreement

This release of liability and indemnity agreement is being entered into so that Psychological Services, Inc. ("PSI") will permit me to participate as a live model in connection with the Tennessee Cosmetology practical skills examinations conducted at _____ (the "Event").

I HEREBY ACKNOWLEDGE THE INHERENT RISKS OF PARTICIPATING AS A LIVE MODEL FOR A PERSON DEMONSTRATING COSMETOLOGY SKILLS. Participation in any such activity necessarily involves risks of injury. I realize the risks include, but are not limited to: allergic reactions; infection; negligence by others including, without limitation, cosmetology personnel; inattention of others; misuse of supplies or equipment; equipment that may be or become damaged; and accidents that may or may not be foreseeable. I acknowledge that the above list is not inclusive of all possible risks associated with such activities and I agree that this list in no way limits the extent or reach of this release. **I VOLUNTARILY ASSUME ALL RISKS, WHETHER FORESEEABLE OR NOT, WITH FULL KNOWLEDGE AND APPRECIATION OF THE DANGER AND RISK INVOLVED.**

I acknowledge that no representations or warranties of any kind whatsoever have been made to me regarding my qualifications or ability to participate in the Event, or regarding any of the services to be performed in connection with the Event. I acknowledge that PSI does not supervise cosmetology test activities, including without limitation, at the Event.

RELEASE AND INDEMNITY: I voluntarily agree to assume all risk of personal injury, including paralysis and death, and damages that may occur arising out of or relating to the Event. I, ON BEHALF OF MYSELF AND MY SPOUSE, FAMILY, ASSIGNS, HEIRS, REPRESENTATIVES, EXECUTORS, AND ADMINISTRATORS, HEREBY KNOWINGLY AND INTENTIONALLY WAIVE AND RELEASE, HOLD HARMLESS, AND AGREE TO DEFEND AND INDEMNIFY PSI, ITS SUCCESSORS, ASSIGNS, OFFICERS, EMPLOYEES, AFFILIATED ORGANIZATIONS AND AGENTS, AND EACH OF THEM, FROM ALL LIABILITIES, CLAIMS, DEMANDS, LOSSES, COSTS AND EXPENSES, INCLUDING REASONABLE ATTORNEYS' FEES, ARISING BY REASON OF ANY SUCH PERSONAL INJURY, DAMAGE, PARALYSIS, OR DEATH THAT MAY RESULT. **THIS RELEASE SHALL BE EFFECTIVE EVEN IF THE LOSS, DAMAGE OR INJURY WAS NOT FORESEEABLE OR RESULTS OR HAS RESULTED FROM THE ACTIVE OR PASSIVE NEGLIGENCE, WRONGFUL ACTS, OMISSIONS, BREACH OF WARRANTY OR STRICT TORT LIABILITY OF PSI OR THE OTHER PARTIES RELEASED.**

I UNDERSTAND THAT I AM NOT TO ASSIST OR AID THE COSMETOLOGY EXAMINEE IN ANY WAY IN CONNECTION WITH THE EXAMINATION AND THAT DOING SO WILL INVALIDATE A CANDIDATE'S EXAMINATION RESULTS.

I understand that this release is a contract. I expressly state that I have read, understand and am familiar with all its provisions and that I sign it of my own free will. I further expressly agree that this release, waiver and indemnification agreement is intended to be as broad and as inclusive as is permissible under the laws of the State of California and that if any portion of this agreement is held to be invalid, the balance shall, notwithstanding, continue in full force and effect.

Live Model

Parent or Legal Guardian (if under the age of 18)

Name: _____
(Please Print)

Name: _____
(Please Print)

Signature: _____

Signature: _____

Date: ____/____/____

Date: ____/____/____



All examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990. Applicants with disabilities or those who would otherwise have difficulty taking the examination may request exam accommodations.

Candidates who wish to request exam accommodations because of a disability should fax this form and supporting documentation to PSI at (702) 932-2666.

Requirements for exam accommodation requests

You are required to submit documentation from the medical authority or learning institution that rendered a diagnosis. Verification must be submitted to PSI on the letterhead stationery of the authority or specialist and include the following:

- Description of the disability and limitations related to testing
- Recommended accommodation/modification
- Name, title and telephone number of the medical authority or specialist
- Original signature of the medical authority or specialist

Date: _____ Social Security or ID#: _____

Legal Name: _____

Last Name

First Name

Address: _____

Street

City, State, Zip Code

Telephone: (_____) _____ - _____ (_____) _____ - _____
Home Work

Email Address: _____

Check any exam accommodations you require (requests must concur with documentation submitted):

- Reader (as accommodation for visual impairment or learning disability)
- Extended Time (Additional time requested: _____)
- Large-print written examination
- Other _____

- Complete and fax this form, along with supporting documentation, to (702) 932-2666 or email it to examaccommodations@psionline.com.
- After 4 days, PSI Exam Accommodations will email you confirmation of approval with instructions for the next step.

DO NOT SCHEDULE YOUR EXAMINATION UNTIL THIS DOCUMENTATION HAS BEEN RECEIVED AND PROCESSED BY PSI EXAM ACCOMMODATIONS.

PSI licensure:certification
3210 E Tropicana
Las Vegas, NV 89121