



PSI licensure:certification

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## TENNESSEE COSMETOLOGY BOARD

### TENNESSEE COSMETOLOGIST EXAMINATION CANDIDATE INFORMATION BULLETIN

#### CONTENT OUTLINE

Examinations by PSI .....	2	Identification Screen .....	5
Approval to take the Examination.....	2	Tutorial.....	6
Examination Payment and Scheduling .....	2	Cosmetology Theory Portion .....	6
Examination Fees.....	2	Content Outline .....	6
Online Scheduling .....	2	Reference List .....	7
Telephone Scheduling .....	2	Cosmetology Law Portion .....	7
Fax Scheduling .....	2	Content Outline .....	7
Email Scheduling .....	2	Reference List .....	7
Standard Mail Scheduling.....	2	Score Reporting .....	7
Canceling and Rescheduling an Examination.....	3	Duplicate Score Report/License Application.....	8
Missed Appointment or Late Cancelation .....	3	Cosmetology Practical Portion .....	8
Exam Accommodations .....	3	Kits/Supplies and Equipment .....	8
Examination Site Closing for an Emergency .....	3	Items Supplied by Testing Vendor.....	8
Examination Review .....	3	Practical Tasks .....	9
Examination Site Locations.....	3	Scoring Procedure .....	13
Reporting to the Examination Site .....	5	Cosmetology Registration Form.....	15
Required Identification at the Examination Site.	5	Model Release Form .....	16
Security Procedures .....	5	Exam Accommodations Request Form .....	End of Bulletin

Please refer to our website to check for the most updated information at [www.psiexams.com](http://www.psiexams.com).

## EXAMINATIONS BY PSI

This Candidate Information Bulletin provides you with information about the examination and application process for a cosmetology licensee in the State of Tennessee.

The Tennessee Cosmetology Board has contracted with PSI to conduct the examination program. PSI provides examinations through a network of computer examination centers in Tennessee. PSI works closely with the State to be certain that examinations meet local as well as national requirements in basic principles and examination development standards.

## APPROVAL TO TAKE THE EXAMINATION

You must be pre-approved to take the examination. Your education provider will provide your eligibility, electronically, to PSI upon successful completion of the course requirements. You will receive an email confirmation immediately after you have been submitted.

After your provider has submitted your file to PSI, please go to [www.psiexams.com](http://www.psiexams.com) or call 1-800-733-9267 to pay and schedule for your examination. Note, if PSI does not have your record, please contact your education provider.

The Cosmetologist examination is offered in Vietnamese and Spanish, as well as English.

### NAME CHANGE INSTRUCTIONS

If your name differs on any of your paperwork, please include documentation of legal name changes. This may require multiple marriage certificates, or other legal documents, if your name has changed more than once.

## EXAMINATION PAYMENT AND SCHEDULING

You must pass the Cosmetologist Theory portion of the examination before you can pay the fee and schedule the Cosmetologist Practical portion. You have 3 years to pass both portions to qualify for a license. Once you pass both portions, you have 6 months to apply for licensure.

The Cosmetologist Theory Portion and the Practical Portion may not be administered at the same location. Please verify each address listed in this Bulletin.

### EXAMINATION FEES

Cosmetologist Theory Portion only	\$70
Cosmetologist Practical Portion only	\$70
Cosmetology Reinstatement	\$35

**NOTE: EXAMINATION FEES ARE NOT REFUNDABLE OR TRANSFERABLE. THE EXAMINATION FEE IS VALID FOR ONE YEAR FROM THE DATE OF PAYMENT.**

### ONLINE (WWW.PSIEXAMS.COM)

For the fastest and most convenient examination scheduling process, register for your examinations online by accessing PSI's registration Web site at [www.psiexams.com](http://www.psiexams.com). Internet registration is available 24 hours a day.

- Log onto PSI's website and create an account. Please enter your email address and first and last name. This information must match exactly with the information submitted on your application. Be sure to **check the box next to "Check here to attempt to locate existing records for you in the system"**
- You will be asked to select the examination and enter your SS#. Your record will be found and you will now be ready to pay and schedule for the exam. Enter your zip code and a list of the testing sites closest to you will appear. Once you select the desired test site, available dates will appear. If you have problems contact PSI at (800) 733-9267 for help.

### TELEPHONE

The second fastest method of registering and scheduling is via the telephone.

- To register by phone, you need a valid credit card (VISA MasterCard, American Express or Discover).
- Call (800) 733-9267, Monday through Friday, between 6:30 am and 9:00 pm, and Saturday-Sunday between 8:00 am and 4:30 pm, Central Time to speak to a Customer Service Representative.

### FAX REGISTRATION

Complete the PSI registration form (found at the end of this bulletin), including your credit card number and expiration date. Fax the completed form to PSI at (702) 932-2666. Fax registrations are accepted 24 hours a day.

Please allow 4 business days to process your Registration. After 4 business days, you may go online or call PSI to schedule the examination.

### EMAIL REGISTRATION

Complete the PSI registration form (found at the end of this bulletin), including your credit card number and expiration date. Email the completed form to PSI at [examschedule@psionline.com](mailto:examschedule@psionline.com). Email registrations are accepted 24 hours a day.

Please allow 4 business days to process your Registration. After 4 business days, you may go online or call PSI to schedule the examination.

### STANDARD MAIL REGISTRATION

Complete the PSI registration form (found at the end of this bulletin), and send the form with the appropriate examination fee to PSI. You may pay fees by credit card (VISA MasterCard, American Express or Discover), money order, company check, or cashier's check, made payable to PSI. Print your name in the memo section of the money order or check to ensure the



payment is applied to your registration. **CASH and PERSONAL CHECKS ARE NOT ACCEPTED.**

Please allow PSI 2 weeks to process a mailed registration. After 2 weeks, you may go online or call PSI to schedule the examination.

### RESCHEDULING/CANCELING AN EXAMINATION APPOINTMENT

You may cancel and reschedule an examination appointment without forfeiting your fee if PSI receives your *cancellation at least 2 days before the scheduled examination date*. For example, for a Monday appointment, you would need to cancel your appointment on or before the previous Saturday.

To cancel an appointment, you can use PSI's Internet web site or call PSI at (800) 733-9267, Monday through Friday, between 6:30 am and 9:00 pm, and Saturday-Sunday between 8:00 am and 4:30 pm, Central Time, to speak to a Customer Service Representative.

**Note:** You cannot cancel an appointment by leaving a voice mail message. You must use the PSI Website or speak directly to a PSI customer service representative.

### MISSED APPOINTMENT OR LATE CANCELLATION

You will forfeit your examination fee if you:

- Do not cancel your appointment at least 2 days before the scheduled examination date;
- Do not appear for your examination appointment;
- Arrive after examination start time; or
- Do not present proper identification when you arrive for the examination.

### EXAM ACCOMMODATIONS

All PSI examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990, and exam accommodations will be made in meeting a candidate's needs. An applicant with a disability or an applicant who would otherwise have difficulty taking the examination must complete the Exam Accommodations Request Form at the end of this Candidate Information Bulletin and must fax to PSI (702) 932-2666 or Email to PSI at examschedule@psionline.com.

### EXAMINATION TEST CENTER CLOSING FOR AN EMERGENCY

If severe weather or another emergency forces the closure of an examination center on a scheduled examination date, your examination will be rescheduled. PSI personnel will attempt to contact you in this situation. However, you may check the status of your examination appointment by calling (800) 733-9267 or viewing the website at [www.psiexam.com](http://www.psiexam.com). Every effort will be made to reschedule your examination at a convenient time as soon as possible. You will not be penalized. Your exam will be rescheduled at no additional charge to you.

### EXAMINATION REVIEW

PSI, in cooperation with the Tennessee Cosmetology Board, will be consistently evaluating the examinations being administered to ensure that the examinations accurately measure competency in the required knowledge areas. Comments may be given in written form to the examination proctor at the end of the examination or entered on the computer keyboard during the examination. Comments may also be entered by clicking the Comments link on the function bar of the test question screen.

Comments will be analyzed by PSI examination development staff. While PSI does not respond to individuals regarding these comments, all substantive comments are reviewed. If a discrepancy is found during the comment review, PSI and the Board may re-evaluate candidates' results and adjust them accordingly. **This is the only review of the Theory examination available to candidates. There is NO review process for the Practical portion of the exam.**

## **EXAMINATION SITE LOCATIONS FOR COSMETOLOGY THEORY AND LAW PORTIONS**

The **Cosmetology Theory** and Law portions are administered at the examination centers listed below:

#### **Chattanooga**

6918 Shallowford Rd., Suite 314  
Chattanooga, TN 37421

*Take I-24 thru Chattanooga. Merge onto I-75 N (toward Knoxville). Take Exit #5 - Shallowford Rd. Turn Left onto Shallowford. The office is on the left.*

#### **Jackson**

368 North Parkway, #3  
Jackson, TN 38305

*From I-40, Exit 80A onto South 45 Bypass. Third Signal light is North Parkway. Go left onto North Parkway and then go right into the first driveway on your right.*

*From the South, take Bypass 45 North to North Parkway and go right onto North Parkway and right into first driveway on the right.*

*North Parkway is also known as Business Route 412. Coming from the east on 412, turn left into last driveway on the left. Coming from the West on North Parkway, turn right into the first driveway on the right, after crossing the 45 Bypass.*

#### **Johnson City**

904 Sunset Drive, Suite 7A  
Johnson City, TN 37604

*Take I-26 to Exit 19 (Old number 36). Go South on Highway 381 (North State of Franklin Road) approximately 2.2 miles. At the 4th light turn left (this is Sunset Drive), go approximately .7 tenths of a mile. There is a large building on the left hand side of the road. This is 904 Sunset Drive. Suite 7A is in the row of office spaces behind this building.*



### **Knoxville**

301 South Gallaher View Rd Suite 114  
Knoxville, TN 37919

*Traveling I-40/I-75 East Bound, take exit # 379 (Bridgewater Rd.) Turn right onto Bridgewater Rd. Turn Left onto Kingston Pike. Turn right onto South Gallaher View Rd.*

### **Memphis**

Apple Tree Center  
6099 Mt. Moriah Extended, Suite 17  
Memphis, TN 38115

*Coming North from Mississippi on Interstate Hwy 55, take Interstate Hwy 240 East. Proceed 8.5 miles to Mt. Moriah Rd. Exit. Go South on Mt. Moriah Road 2.2 miles. Apple Tree Center is on the right (just past the intersection with Hickory Hill and Ridgeway roads).*

*Coming West on Interstate Hwy 40 from Nashville, exit on Interstate Hwy 240 West (the ring road). Proceed approx. 6.5 miles. Pass Poplar Ave. exit and then take Mt. Moriah Road Exit. Turn left (South) on Mt. Moriah and proceed 2.2 miles to Apple Tree Center on the right.*

*Coming East on Interstate Hwy 40, exit onto Interstate Hwy 240 South. Go approx. 6 miles to the junction with Interstate Hwy 55. Then proceed another 8.5 miles on Interstate Hwy 240 East, passing Airways Blvd., Lamar Ave., Getwell and Perkins Road exits, before exiting on Mt. Moriah Road.*

*For all going South on Mt. Moriah Rd., take the second entrance into Apple Tree Center. Turn left between the two buildings on the left. Then, proceed to Suite 17, which is the last suite on the left (in Bldg. 6099).*

### **Nashville**

The Oaks  
1100 Kermit Drive, Suite 103  
Nashville, TN 37217

*From I-40 East: take exit onto I-24 (Exit 213-A). Take Murfreesboro Road at the first exit (Exit 52). Stay in the right lane on the ramp, as the exit appears while you are still in the curve. On Murfreesboro, stay in the left lane. You will pass Days Inn and Super Gigante grocery on your right. Turn left onto Kermit Drive when there is a McDonalds on your right. PSI is in the first building on your left.*

*From I-40 West: take exit onto Briley Parkway, turn left onto Briley PWY. Exit onto Murfreesboro Rd. Stay in the right lane. Turn right onto Kermit Drive. PSI is in the first building on your left.*

## **EXAMINATION SITE LOCATIONS FOR PRACTICAL PORTION**

The **Cosmetology Practical** portion is administered at the examination centers listed below:

### **PSI Memphis**

Apple Tree Center  
6099 Mt. Moriah Extended, Suite 26  
Memphis, TN 38115

*Coming North from Mississippi on Interstate Hwy 55, take Interstate Hwy 240 East. Proceed 8.5 miles to Mt. Moriah Rd. Exit. Go South on Mt. Moriah Road 2.2 miles. Apple Tree Center is on the right (just past the intersection with Hickory Hill and Ridgeway roads).*

*Coming West on Interstate Hwy 40 from Nashville, exit on Interstate Hwy 240 West (the ring road). Proceed approx. 6.5 miles. Pass Poplar Ave. exit and then take Mt. Moriah Road Exit. Turn left (South) on Mt. Moriah and proceed 2.2 miles to Apple Tree Center on the right.*

*Coming East on Interstate Hwy 40, exit onto Interstate Hwy 240 South. Go approx. 6 miles to the junction with Interstate Hwy 55. Then proceed another 8.5 miles on Interstate Hwy 240 East, passing Airways Blvd., Lamar Ave., Getwell and Perkins Road exits, before exiting on Mt. Moriah Road.*

*For all going South on Mt. Moriah Rd., take the second entrance into Apple Tree Center. Turn left between the two buildings on the left. Then, proceed to Suite 17, which is the last suite on the left (in Bldg. 6099).*

### **PSI Nashville**

Corporate Park, Bldg. B  
444 Metroplex Dr., Suite B100  
Nashville, TN 37211

*From I-40, exit onto I-24 East. From I-24 Exit #56 onto Harding Place (if exiting from I-24 East, turn left onto Harding, if existing from I-24 West, turn right onto Harding). Turn left at the first traffic light (Metroplex Drive). Turn right into Corporate Park. Go to the last building in the left. A sign in front shows "444 Metroplex". Go to the back of the building to the first floor. Enter through double doors - Ste 100.*

### **PSI Knoxville**

9050 Executive Park Dr., Suite 206B  
Knoxville, TN 37923

*Traveling I-40/I-75 West Bound, take exit #378 (Cedar Bluff Rd.) Then take exit #378B (Executive Park Dr.). At the red light turn right onto Executive Park Dr. Turn right into 9050 on the right (Financial Plaza).*

*Traveling I-40/I-75 East Bound, take exit # 378 (Cedar Bluff Rd.) At the end of the ramp, at the red light, turn left onto Cedar Bluff Rd. At the 2nd light turn right onto Executive Park Dr. Go past the 1st red light and turn into 9050 on the right (Financial Plaza).*

*The suite is in the back of the building.*



## REPORTING TO THE EXAMINATION SITE

On the day of the examination, you should arrive at least 30 minutes prior to your scheduled appointment time. This allows time for sign-in and identification verification and provides time for you to familiarize yourself with the examination process. *If you arrive late, you will not be admitted to the examination site and you will forfeit your examination registration fee.*

### REQUIRED IDENTIFICATION AT EXAMINATION SITE

**You must provide 2 forms of identification.** One must be a VALID form of government issued identification (driver's license, state ID, passport), which bears your signature and has your photograph or a complete physical description. The second ID must have your signature and preprinted legal name. All identification provided must match the name on the Examination Registration Form.

If you cannot provide the required identification, you must call (800) 733-9267 at least 3 weeks prior to your scheduled appointment to arrange a way to meet this security requirement. *Failure to provide all of the required identification at the time of the examination without notifying PSI is considered a missed appointment, and you will not be able to take the examination.*

### **Additional requirements for the Cosmetology Practical Portion ONLY:**

Candidates are required to wear either their school uniform, smock, or apron with no identifying marks or school logo. All identifying marks on candidates' attire and supplies such as school logos must be covered before entering the testing facility. All candidates must wear closed-toe shoes for their protection.

### SECURITY PROCEDURES

The following security procedures will apply during the examination:

- Only non-programmable calculators that are silent, battery-operated, do not have paper tape printing capabilities, and do not have a keyboard containing the alphabet will be allowed in the examination site.
- Candidates may take only approved items into the examination room.
- All personal belongings of candidates, with the exception of close-fitting jackets or sweatshirts, should be placed in the secure storage provided at each site prior to entering the examination room. Personal belongings include, but are not limited to, the following items:
  - **Electronic devices of any type**, including cellular / mobile phones, recording devices, electronic watches, cameras, pagers, laptop computers, tablet computers (e.g., iPads), music players (e.g., iPods), smart watches, radios, or electronic games.
  - **Bulky or loose clothing or coats** that could be used to conceal recording devices or notes, including coats, shawls, hooded clothing, heavy jackets, or overcoats.
  - **Hats or headgear not worn for religious reasons** or as religious apparel, including hats, baseball caps, or visors.

- **Other personal items**, including purses, notebooks, reference or reading material, briefcases, backpacks, wallets, pens, pencils, other writing devices, food, drinks, and good luck items.
- Person(s) accompanying an examination candidate may not wait in the examination center, inside the building or on the building's property. This applies to guests of any nature, including drivers, children, friends, family, colleagues or instructors.
- No smoking, eating, or drinking is allowed in the examination center.
- During the check in process, all candidates will be asked if they possess any prohibited items. Candidates may also be asked to empty their pockets and turn them out for the proctor to ensure they are empty. The proctor may also ask candidates to lift up the ends of their sleeves and the bottoms of their pant legs to ensure that notes or recording devices are not being hidden there.
- Proctors will also carefully inspect eyeglass frames, tie tacks, or any other apparel that could be used to harbor a recording device. Proctors will ask to inspect any such items in candidates' pockets.
- If prohibited items are found during check-in, candidates shall put them in the provided secure storage or return these items to their vehicle. PSI will not be responsible for the security of any personal belongings or prohibited items.
- Any candidate possessing prohibited items in the examination room shall immediately have his or her test results invalidated, and PSI shall notify the examination sponsor of the occurrence.
- Any candidate seen giving or receiving assistance on an examination, found with unauthorized materials, or who violates any security regulations will be asked to surrender all examination materials and to leave the examination center. All such instances will be reported to the examination sponsor.
- Copying or communicating examination content is violation of a candidate's contract with PSI, and federal and state law. Either may result in the disqualification of examination results and may lead to legal action.
- Once candidates have been seated and the examination begins, they may leave the examination room only to use the restroom, and only after obtaining permission from the proctor. Candidate will not receive extra time to complete the examination.

## COSMETOLOGY THEORY AND LAW PORTIONS

The examination will be administered via computer. You will be using a mouse and computer keyboard.

### IDENTIFICATION SCREEN


*You will be directed to a semiprivate testing station to take the examination. When you are seated at the testing station, you will be prompted to confirm your name, identification number, and the examination for which you are registered.*



## TUTORIAL

Before you start your examination, an introductory tutorial is provided on the computer screen. The time you spend on this tutorial, up to 15 minutes, DOES NOT count as part of your examination time. Sample questions are included following the tutorial so that you may practice answering questions, and reviewing your answers.

The "Function Bar" at the top of the test question provides mouse-click access to the features available while taking the examination.



## EXPERIMENTAL QUESTIONS

In addition to the number of examination questions specified in the "Examination Content Outlines", a small number (5) of "experimental" questions may be administered to candidates during the examinations. These questions will not be scored and the time taken to answer them will not count against examination time. The administration of such unscored, experimental questions is an essential step in developing future licensing examinations.

One question appears on the screen at a time. During the examination, minutes remaining will be displayed at the top of the screen and updated as you record your answers.

**IMPORTANT:** After you have entered your responses, you will later be able to return to any question(s) and change your response, provided the examination time has not run out.

## **COSMETOLOGY THEORY PORTION**

### CONTENT OUTLINE

The examination content outline has been prepared and is periodically updated by committees of professionals who are subject matter experts in Cosmetology practice, Cosmetology instruction, and regulatory issues. The examination content outline identifies areas of importance to licensees in order for them to perform their duties to the public in a competent and legally responsible manner.

Use the outline as a guide for pre-examination review of reference material. The outline lists the topics that are on the examination and the number of questions for each topic. Do not schedule your examination until you are familiar with the topics on the outline.

The examination consists of 100 questions and you will have 2 hours.

### **Content Outline**

- I. **Sanitation, Disinfection, and Safety (20%; 20 items)**
  - a. Cleaning and Disinfecting of Implements and Equipment
  - b. Cleaning and Disinfecting of Work Environment
  - c. Sanitary Procedures and Pathogens
- II. **Shampooing and Conditioning Hair (2%; 2 items)**
  - a. Shampooing and Scalp Massage
  - b. Conditioning
- III. **Haircutting and Hair Styling (12%; 12 items)**
  - a. Communicating with Client
  - b. Evaluating Hair
  - c. Cutting Hair
  - d. Styling Hair
  - e. Scalp and Hair Physiology
- IV. **Braids and Braid Extensions (8%; 8 items)**
  - a. Evaluating Hair and Scalp
  - b. Applying/Removing Extensions
  - c. Braiding
- V. **Chemical Texture Services (17%; 17 items)**
  - a. Communicating with Client
  - b. Evaluating Hair
  - c. Permanent Waving
  - d. Hair Straightening/Relaxing
- VI. **Haircoloring (17%; 17 items)**
  - a. Communicating with Client
  - b. Evaluating Hair
  - c. Determining Level and Tone of Haircoloring Product
  - d. Applying Haircoloring Product
  - e. Testing Hair
- VII. **Skin Care (7%; 7 items)**
  - a. Communicating with Client
  - b. Evaluating Skin
  - c. Steam Cleansing
  - d. Applying Cleansing Products
  - e. Facial Massage
  - f. Facial Treatments
  - g. Shaping/Grooming Eyebrows
  - h. Hair Removal Using Wax
  - i. Hair Removal by Tweezing
  - j. Applying Makeup
  - k. Applying Artificial Eyelashes
  - l. Skin, Muscle, and Bone Physiology
- VIII. **Nail Care (7%; 7 items)**
  - a. Communicating with Client
  - b. Evaluating Nails
  - c. Nail Physiology
  - d. Plain Manicure/Pedicure
  - e. Nail Tips and Nail Wraps
  - f. Acrylic and Gel Nails

## IX. Licensing (10%; 10 questions)

- a. Meeting Licensure Requirements/Licensed Duties
- b. Renewal
- c. Board Responsibilities and Disciplinary Actions
- d. Displaying the License
- e. Salon Owner and Manager Responsibilities
- f. Change of Address
- g. Displaying Sign Pertaining to Clients' Rights

### REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below were used to prepare the questions for this examination.

*Salon Fundamentals: A Resource for Your Cosmetology Career*, 2<sup>nd</sup> Edition, 2011, [www.pivot-point.com](http://www.pivot-point.com)

*Milady's Standard Cosmetology*, 2012 or 2016, [www.cengage.com](http://www.cengage.com)

*Rules of Tennessee State Board of Cosmetology*, Chapter 0440, 2008, Tennessee State Board of Cosmetology and Barber Examiners, <http://www.state.tn.us/sos/rules/0440/0440.htm>

*Tennessee Code Title 62 Professions, Businesses and Trades*, Chapter 4 Tennessee Cosmetology Act of 1986, 2010, [http://www.lawserver.com/law/state/tennessee/tn-code/tennessee\\_code\\_title\\_62\\_chapter\\_4](http://www.lawserver.com/law/state/tennessee/tn-code/tennessee_code_title_62_chapter_4)

## COSMETOLOGY LAW PORTION

Individuals who are under the age of 65 and would like to activate a retired license must take the law and practical portions. Individuals with licenses that have expired for 3 years or more must take the law and practical portions for reinstatement of their licenses( please see application form on PSI's website at [www.psiexams.com](http://www.psiexams.com)). With Board approval, individuals who are licensed in another state and would like to obtain a Tennessee license must also take the law and practical portions.

### CONTENT OUTLINE

The following content outline lists the topics that are on the examination and the number of questions for each topic. Do not schedule your examination until you are familiar with the topics in the outline.

The examination consists of 25 questions and you will have 40 minutes.

#### I. Sanitation, Disinfection, and Safety (20%; 5 items)

- a. Cleaning and Disinfecting of Implements and Equipment
- b. Cleaning and Disinfecting of Work Environment
- c. Sanitary Procedures and Pathogens

#### II. Licensing (80%; 20 items)

- a. Meeting Licensure Requirements/Licensed Duties
- b. Renewal
- c. Board Responsibilities and Disciplinary Actions

- d. Displaying the License
- e. Salon Owner and Manager Responsibilities
- f. Change of Address
- g. Displaying Sign Pertaining to Clients' Rights

### REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below were used to prepare the questions for this examination.

*Rules of Tennessee State Board of Cosmetology*, Chapter 0440, 2008, Tennessee State Board of Cosmetology and Barber Examiners, <http://www.state.tn.us/sos/rules/0440/0440.htm>

*Tennessee Code Title 62 Professions, Businesses and Trades*, Chapter 4 Tennessee Cosmetology Act of 1986, 2010, [http://www.lawserver.com/law/state/tennessee/tn-code/tennessee\\_code\\_title\\_62\\_chapter\\_4](http://www.lawserver.com/law/state/tennessee/tn-code/tennessee_code_title_62_chapter_4)

### COSMETOLOGY THEORY AND LAW SCORE REPORTING

You must score at least 70 percent to pass the examination.

Your score will be given to you immediately following completion of the examination. The following summary describes the score reporting process:

- **On screen** - your results will appear immediately on the computer screen. This will happen automatically at the end of the time allowed for the examination; if you are using review features, you will be able to obtain your score immediately when you indicate that you have finished and would like to see your results.
  - If you **pass**, you will immediately receive a successful notification.
  - If you **do not pass**, you will immediately receive an unsuccessful notification on the screen along with a diagnostic report indicating your strengths and weaknesses. Registration forms for submittal to PSI to retake the examination will be available at the examination site.
- **On paper** - an official score report will be printed at the examination site.

### DUPLICATE SCORE REPORT/LICENSE APPLICATION

You may request a duplicate score report and/or a license application after your examination by emailing [scorereport@psionline.com](mailto:scorereport@psionline.com) or by calling 800-733-9267.

Now you can take the practice exam online at [www.psiexams.com](http://www.psiexams.com) to prepare for your Cosmetology Theory Examination

Please note that practice exams are intended only to help testing candidates become familiar with the general types of questions that will appear on a licensing examination. They ARE NOT a substitute for proper education and study. Furthermore, scoring well on the practice exam does not guarantee a positive outcome on an actual licensing examination.

Note: You may take the practice exams an unlimited number of times; you will need to pay each time.



## COSMETOLOGY PRACTICAL PORTION

For practical examination questions or concerns, please email [cosmetology@psionline.com](mailto:cosmetology@psionline.com)

Read the following instructions carefully so that you will be properly prepared for the examination.

- You are required to bring two mannequins for the Cosmetologist Practical exam.
- **A proctor will be monitoring the time during the examination. Candidates will not receive points for any activities not completed within the allotted time limits.**
- During the Practical portion, you must follow all appropriate rules for patron protection that will ensure the health, safety, and welfare of the public.
- You may not observe other candidates during the examination.
- You must use the **uncut, non-chemically treated** mannequin to perform the ninety-degree haircut, otherwise you may lose points under the haircut section.
- **Candidates are NOT allowed to use personal timers during the examination.**
- **If you do NOT bring the items listed in the “Kits/Supplies and Equipment” section or bring a wrong item (e.g., real hair color), you will NOT receive points for completing those steps.**

## KITS/SUPPLIES AND EQUIPMENT

It is recommended that you bring the following supplies to the practical examination.

- 2 mannequins with at least one that is NOT pre-cut
- Towels
- Neck strips
- Chemical cape
- Comb out cape
- Combs (rattail and haircutting)
- Brushes (round and/or vent)
- Clippies for pin curls
- Butterfly clips
- Hair-cutting shears
- Razor with guard
- Permanent wave rods appropriate for length of mannequin’s hair
- End papers
- Cold wave lotion applicator bottle filled with mock cold wave lotion (water)
- Shampoo
- Wave set or styling gel
- EPA-registered disinfectant
- Protective cream
- Scalp base (may use gel or cholesterol)
- Cotton
- Bowl and brush for color/lightener/relaxer (not the container the product was brought in)
- Cholesterol, shaving cream, or colored gel for color/lightener/relaxer application
- Curling iron (electric with spring or marcel grip)
- Blow dryer
- Facial tissue
- Protective gloves for chemical services/permanent waving service
- Sealable plastic bag for waste materials
- Blood spill kit
- Thermal styling product
- Mannequin stand or clamp
- Hand sanitizer
- Large trash bag

## ITEMS SUPPLIED BY TESTING VENDOR

- Shampoo bowls
- Hot and cold running water
- Work stations with electricity
- Trash cans with lids
- Brooms and dust pans
- Wall clock



## COSMETOLOGY PRACTICAL PORTION RATING CRITERIA

The following information will be used by examiners to grade your performance during the practical portion:

### ALL PROCEDURE CRITERIA MUST BE PERFORMED IN ORDER FOR THE CANDIDATE TO RECEIVE POINTS FOR THE TASKS

It is NOT necessary to perform additional or altered steps/tasks not listed below. Items NOT listed below are NOT rated during the examination. Candidates MUST raise their hand at the end of each section indicating completion.

#### **Pre-Exam Set Up and Disinfection**

**Time Allowed: 10 minutes**

##### **Safety Criteria (1 point each):**

- 1) Implements and supplies are clean and bags are labeled as pre-sanitized in English ONLY
- 2) Disinfects work surfaces with approved EPA-registered disinfectant
- 3) Sanitizes own hands with hand sanitizer
- 4) Ensures all containers remain closed when not in use
- 5) Kit must remain closed
- 6) Removes products from containers without contamination
- 7) Disposes of waste material using a trash bag

#### **Main topic: Chemical Services**

(Assume same client is receiving all chemical services; no need to change capes or gloves during chemical services)

**Time Allowed: 50 minutes total**

##### **Procedure Criteria (1 point each):**

##### **Chemical Service Preparation**

*Prepare for chemical services.*

**Time Allowed: 10 minutes**

- 1) Sanitizes own hands with hand sanitizer
- 2) Drapes client with towel, chemical cape, towel
- 3) Sections hair into four equal quadrants
- 4) Applies protective cream around hairline

##### **Virgin Lightener (on Right Front Quadrant)**

*Complete virgin hair lightening procedure on right front quadrant.*

**Time Allowed: 10 minutes**

- 1) Works within the right front quadrant
- 2) Divides hair into 1/8 to 1/4 inch subsections
- 3) Applies lightener to hair 1/2 to 1 inch from the scalp up to 1 inch from the ends
- 4) Saturates hair with lightener evenly over front and back of hair strands
- 5) Ensures no chemical products are left on mannequin's skin or ears

##### **Color Retouch (on Right Back Quadrant)**

*Complete hair coloring retouch on right back quadrant assuming 2 inches of regrowth.*

**Time Allowed: 10 minutes**

- 1) Works within right back quadrant
- 2) Divides hair into 1/4 to 1/2 inch subsections
- 3) Applies color to new growth area
- 4) Saturates new growth with color evenly over front and back of hair strands
- 5) Ensures no chemical products are left on mannequin's skin or ears

##### **Relaxer Retouch Using Sodium Hydroxide (on Left Back Quadrant)**

*Complete relaxer retouch on left back quadrant from the scalp assuming 2 inches of regrowth.*

**Time Allowed: 10 minutes**

- 1) Works within left back quadrant
- 2) Applies scalp base thoroughly and evenly over scalp
- 3) Divides hair into 1/4 to 1/2 inch subsections
- 4) Applies relaxer to new growth area
- 5) Saturates regrowth with relaxer evenly over front and back of hair strands
- 6) Ensures no chemical products are left on mannequin's skin or ears

**Virgin Relaxer Using Sodium Hydroxide (on Left Front Quadrant)**

*Complete Virgin Relaxer using Sodium Hydroxide on Left Front Quadrant.*

**Time Allowed: 10 minutes**

- 1) Works within left front quadrant
- 2) Divides hair into 1/4 to 1/2 inch subsections
- 3) Applies relaxer beginning 1/2 to 1 inch from scalp up to 1 inch away from ends
- 4) Saturates hair with relaxer evenly over front and back of hair strands
- 5) Ensures no chemical products are left on the mannequin's skin or ears

**Safety Criteria (1 point each):**

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures draping is maintained throughout service
- 4) Implements and supplies are clean and bags are labeled as pre-sanitized in English ONLY
- 5) Replaces contaminated items
- 6) Ensures containers remain closed when not in use
- 7) Kit must remain closed
- 8) Removes products from containers without contamination
- 9) Wears protective gloves throughout chemical services

**Main topic: Remove Product from Mannequin**

**Time Allowed: 5 minutes**

- 1) Ensures all product residue is removed from mannequin hair.

**Main topic: Ninety Degree Haircut of Entire UNCUT, Wet Mannequin, Leaving a Minimum of Four Inches of Hair on Mannequin**

**Time Allowed: 45 minutes**

**Procedure Criteria (1 point each):**

- 1) Sanitizes own hands with hand sanitizer
- 2) Drapes with neckstrip/towel and cape
- 3) Sections hair using any sectioning method (using a minimum of 4 sections)
- 4) Safely establishes guideline for desired cut with a razor at the nape on a wet mannequin
- 5) Ensures candidate's skin is not cut and mannequin surface is not damaged
- 6) Cuts hair from nape to bottom of ear using a razor
- 7) Safely palms razor during use
- 8) Follows established guideline throughout haircut with traveling guide using shears
- 9) Safely palms shears during use
- 10) Cuts at least one inch of hair consistently throughout haircut
- 11) Haircut is blended and even
- 12) Finished haircut is a minimum of 4 inches

***Raise your hand at this point, and the examiner will individually check your haircut.***

**Safety Criteria (1 point each):**

- 1) Cleans hair off workstation and sweeps hair from floor
- 2) Disposes of waste material using a trash bag

- 3) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 4) Ensures draping is maintained throughout service
- 5) Implements and supplies are clean and bags are labeled as pre-sanitized in English ONLY
- 6) Replaces contaminated items
- 7) Kit must remain closed

**Main topic: Permanent Waving Service with Five Rods in the center back section of the head and applies mock chemical waving solution (i.e., water).**

**Time Allowed: 15 minutes**

**Procedure Criteria (1 point each):**

- 1) Sanitizes own hands with hand sanitizer
- 2) Applies chemical draping: towel, chemical cape, towel
- 3) Uses clips to section hair, ensuring section is equal to length of rods
- 4) Subsections hair in sections equal to diameter of rods
- 5) Spreads hair evenly across end papers for each rod
- 6) Spreads hair evenly around each rod
- 7) Extends end papers beyond hair ends
- 8) Maintains consistent rod/base relationship (all on or half off)
- 9) Wraps rods for proper tension ensuring correct band placement
- 10) Applies protective cotton OR cream around section OR hairline
- 11) Wears protective gloves  
*Raise your hand at this point, and the examiner will individually observe you perform the next 2 tasks.*
- 12) Saturates hair evenly with waving lotion, safely ensuring excess lotion does not remain on skin
- 13) Demonstrates test curl to confirm curl development

*After the examiner checks these tasks, you may remove the permanent rods and brush the hair straight back.*

**Safety Criteria (1 point each):**

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures chemical draping is maintained throughout service
- 4) Implements and supplies are clean and bags are labeled as pre-sanitized in English ONLY
- 5) Replaces contaminated items
- 6) Ensures all containers remain closed when not in use
- 7) Kit must remain closed
- 8) Removes products from containers without contamination

**Main topic: Thermal Hairstyling with Three Curls on Top of Mannequin**

*Blow Dries wet hair and completes 3 horizontal curls on top section of hair beginning at front hair line, using curling iron.*

**Time Allowed: 20 minutes**

**Procedure Criteria (1 point each):**

- 1) Sanitizes own hands with hand sanitizer
- 2) Drapes using neckstrip and cape
- 3) Blow dries top center section of wet hair safely in direction away from scalp, ensuring hair is tangle free using vented/round brush (thermal styling product may be used if desired)
- 4) Sections hair from one to three inches wide. Subsections are equal to the diameter of the curling iron
- 5) Tests iron for proper temperature by clamping down on neckstrip or tissue paper
- 6) Manipulates iron to form a base
- 7) Places curl # 1 on-base
- 8) Places curl #2 half off-base
- 9) Places curl #3 off-base
- 10) Protects the scalp using a comb
- 11) Ensures smooth, open curl formation without securing with clips

**Safety Criteria (1 point each):**

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Ensures draping is maintained throughout service
- 4) Implements and supplies are clean and bags are labeled as pre-sanitized in English ONLY
- 5) Replaces contaminated items
- 6) Ensures all containers remain closed when not in use
- 7) Kit must remain closed

**Main topic: Finger Wave With At Least Two Pin Curls on One Quadrant of the Mannequin**

**Time Allowed: 15 minutes**

**Procedure Criteria (1 point each):**

- 1) Sanitizes own hands with hand sanitizer
- 2) Applies styling gel to quadrant of choice
- 3) Creates three ridges that are equally spaced
- 4) Ensures hair in shaping is smooth
- 5) Ensures ridges are clearly defined
- 6) Creates a minimum of two pin curls
- 7) Ensures pin curls are uniform in thickness
- 8) Ensures pin curls support the ridge
- 9) Ensures pin curls have open centers
- 10) Anchors pin curls without obstructing the opening of the pin curl

**Safety Criteria (1 point each):**

- 1) Disposes of waste material using a trash bag
- 2) Ensures workstation remains sanitary by changing towels when soiled, cleaning spills, and maintaining sanitary implements/materials throughout service
- 3) Implements and supplies are clean and bags are labeled as pre-sanitized in English ONLY
- 4) Replaces contaminated items
- 5) Ensures all containers remain closed when not in use
- 6) Kit must remain closed
- 7) Removes products from containers without contamination

**Main topic: End of Exam Disinfection**

**Time Allowed: 10 minutes**

**Safety Criteria (1 point each):**

- 1) Removes cape
- 2) Disposes of used towel(s), cape(s), neckstrip(s), and glove(s)
- 3) Disinfects work surfaces and area with approved EPA-registered disinfectant
- 4) Sanitizes own hands with hand sanitizer
- 5) Removes all supplies, materials, and personal belongings

**Time for complete practical: 2 hours and 50 minutes**

## SCORING PROCEDURE\*\*

The passing score for the entire practical portion is 70%.

- Based on the number of tasks for each practical component, the following are the weights:

<b>Practical Component</b>	<b>Weight</b>
	6%
Chemical Services <ul style="list-style-type: none"><li>• Procedure Criteria</li><li>• Safety Criteria</li></ul>	21% 8%
Remove Product from Mannequin	1%
Ninety Degree Haircut <ul style="list-style-type: none"><li>• Procedure Criteria</li><li>• Safety Criteria</li></ul>	10% 6%
Permanent Waving <ul style="list-style-type: none"><li>• Procedure Criteria</li><li>• Safety Criteria</li></ul>	11% 6%
Thermal Hairstyling <ul style="list-style-type: none"><li>• Procedure Criteria</li><li>• Safety Criteria</li></ul>	9% 5%
Finger Wave with Pin Curls <ul style="list-style-type: none"><li>• Procedure Criteria</li><li>• Safety Criteria</li></ul>	8% 6%
<b>End of Exam Disinfection</b>	4%
<b>Total</b>	100%

\*\*Percentage may not total 100 percent due to rounding.

# TENNESSEE COSMETOLOGY

## EXPOSURE INCIDENT (BLOOD SPILL) PROCEDURES

### **CANDIDATE SUSTAINS EXPOSURE INCIDENT:**

1. Candidate **MUST** immediately **stop** the service.
2. Stop the bleeding by applying pressure to the area with a clean absorbent material (Cotton ball or piece of gauze)
3. Bring your Exposure Incident (Blood Spill) Kit to the Exposure Incident (Blood Spill) procedure area/workstation.
4. When the bleeding has stopped, clean the injured area with an antiseptic wipe
5. Bandage the cut with an adhesive bandage to completely cover cut
6. Cover bandaged cut with finger cot / glove
7. Using disinfectant clean Exposure Incident (Blood Spill) procedure area/workstation
8. Double bag soiled materials such as wipes or cotton balls and any contaminated items in a bag labeled as BioHazard
9. Sanitize hands
10. Return to workstation

### **MODEL SUSTAINS EXPOSURE INCIDENT:**

1. Candidate **MUST** immediately stop the service
2. Wearing gloves, stop the bleeding by applying pressure to the area with a clean absorbent material (Cotton ball or piece of gauze)
3. When the bleeding has stopped, clean the injured area with an antiseptic wipe
4. Bandage the cut with an adhesive bandage to completely cover cut
5. Double bag soiled materials such as gloves, wipes or cotton balls and any contaminated items in a bag labeled as BioHazard
6. Sanitize hands
7. Continue service



# TENNESSEE COSMETOLOGY EXAMINATION REGISTRATION FORM

Before you begin. . .

Read the Candidate Information Bulletin before filling out this registration form. You must provide all information requested and submit the appropriate fee. PLEASE TYPE OR PRINT LEGIBLY. Registration forms that are incomplete, illegible, or not accompanied by the proper fee will be returned unprocessed. Registration fees are not refundable or transferable.

1. Legal Name: \_\_\_\_\_  
Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Name \_\_\_\_\_

2. Social Security:    -   -     (FOR IDENTIFICATION PURPOSES ONLY)

3. Mailing Address: \_\_\_\_\_  
Number, Street (Must be a physical address, PO Boxes are NOT accepted) \_\_\_\_\_ Apt/Ste \_\_\_\_\_  
\_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

4. Telephone: Home \_\_\_\_\_ - \_\_\_\_\_ Office \_\_\_\_\_ - \_\_\_\_\_

5. Email: \_\_\_\_\_ @ \_\_\_\_\_

6. School Code:

7. Examination: (Check one)  Cosmetology Theory Portion only (\$70)  Cosmetology Practical Portion only (\$70)  
 Cosmetology Reinstatement (\$35)

(Check one):  FIRST TIME  RETAKE

8. Total Fee Included: \$ \_\_\_\_\_. You may pay by credit card, company check, cashier's check or money order. Make your check or money order payable to PSI and note your Social Security # on it.

If paying by credit card, check one:  VISA  MasterCard  American Express  Discover

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Card Verification No: \_\_\_\_\_ *The card verification number may be located on the back of the card (the last three digits on the signature strip) or on the front of the card (the four digits to the right and above the card account number).*

Billing Street Address: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Cardholder Name (Print): \_\_\_\_\_ Signature: \_\_\_\_\_

9. I am submitting the Exam Accommodations Request form and required documentation. (See end of bulletin.)  Yes  No

10. Affidavit: I certify that the information provided on this registration form (and/or telephonically to PSI) is correct. I understand that any falsification of information may result in denial of licensure. I have read and understand the examination information bulletin.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

IF YOU ARE REGISTERING BY MAIL OR FAX, SIGN AND DATE THIS REGISTRATION FORM ON THE LINES PROVIDED.  
Complete and forward this registration form with the applicable examination fee to:

PSI licensure:certification \* ATTN: Examination Registration TN COS  
3210 E Tropicana \* Las Vegas, NV \* 89121

Fax (702) 932-2666 \* (800) 733-9267 \* TTY (800) 735-2929

[www.psiexams.com](http://www.psiexams.com)

If you are using a live model, you MUST bring this form to your Practical examination. If your model is under the age of 18, this form MUST be completed and signed by the model's parent or legal guardian and presented on the day of your Practical examination. If you do not have a completed form at the time of the examination, you will not be allowed to take the examination and you will forfeit your fees.

### Release of Liability & Indemnity Agreement

This release of liability and indemnity agreement is being entered into so that Psychological Services, Inc. ("PSI") will permit me to participate as a live model in connection with the Tennessee Cosmetology practical skills examinations conducted at \_\_\_\_\_ (the "Event").

**I HEREBY ACKNOWLEDGE THE INHERENT RISKS OF PARTICIPATING AS A LIVE MODEL FOR A PERSON DEMONSTRATING COSMETOLOGY SKILLS.** Participation in any such activity necessarily involves risks of injury. I realize the risks include, but are not limited to: allergic reactions; infection; negligence by others including, without limitation, cosmetology personnel; inattention of others; misuse of supplies or equipment; equipment that may be or become damaged; and accidents that may or may not be foreseeable. I acknowledge that the above list is not inclusive of all possible risks associated with such activities and I agree that this list in no way limits the extent or reach of this release. **I VOLUNTARILY ASSUME ALL RISKS, WHETHER FORESEEABLE OR NOT, WITH FULL KNOWLEDGE AND APPRECIATION OF THE DANGER AND RISK INVOLVED.**

I acknowledge that no representations or warranties of any kind whatsoever have been made to me regarding my qualifications or ability to participate in the Event, or regarding any of the services to be performed in connection with the Event. I acknowledge that PSI does not supervise cosmetology test activities, including without limitation, at the Event.

**RELEASE AND INDEMNITY:** I voluntarily agree to assume all risk of personal injury, including paralysis and death, and damages that may occur arising out of or relating to the Event. I, ON BEHALF OF MYSELF AND MY SPOUSE, FAMILY, ASSIGNS, HEIRS, REPRESENTATIVES, EXECUTORS, AND ADMINISTRATORS, HEREBY KNOWINGLY AND INTENTIONALLY WAIVE AND RELEASE, HOLD HARMLESS, AND AGREE TO DEFEND AND INDEMNIFY PSI, ITS SUCCESSORS, ASSIGNS, OFFICERS, EMPLOYEES, AFFILIATED ORGANIZATIONS AND AGENTS, AND EACH OF THEM, FROM ALL LIABILITIES, CLAIMS, DEMANDS, LOSSES, COSTS AND EXPENSES, INCLUDING REASONABLE ATTORNEYS' FEES, ARISING BY REASON OF ANY SUCH PERSONAL INJURY, DAMAGE, PARALYSIS, OR DEATH THAT MAY RESULT. **THIS RELEASE SHALL BE EFFECTIVE EVEN IF THE LOSS, DAMAGE OR INJURY WAS NOT FORESEEABLE OR RESULTS OR HAS RESULTED FROM THE ACTIVE OR PASSIVE NEGLIGENCE, WRONGFUL ACTS, OMISSIONS, BREACH OF WARRANTY OR STRICT TORT LIABILITY OF PSI OR THE OTHER PARTIES RELEASED.**

I UNDERSTAND THAT I AM NOT TO ASSIST OR AID THE COSMETOLOGY EXAMINEE IN ANY WAY IN CONNECTION WITH THE EXAMINATION AND THAT DOING SO WILL INVALIDATE A CANDIDATE'S EXAMINATION RESULTS.

I understand that this release is a contract. I expressly state that I have read, understand and am familiar with all its provisions and that I sign it of my own free will. I further expressly agree that this release, waiver and indemnification agreement is intended to be as broad and as inclusive as is permissible under the laws of the State of California and that if any portion of this agreement is held to be invalid, the balance shall, notwithstanding, continue in full force and effect.

Live Model

Parent or Legal Guardian (if under the age of 18)

Name: \_\_\_\_\_  
(Please Print)

Name: \_\_\_\_\_  
(Please Print)

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_





# EXAM ACCOMMODATIONS REQUEST FORM

All examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990. Applicants with disabilities or those who would otherwise have difficulty taking the examination may request exam accommodations.

Candidates who wish to request exam accommodations because of a disability should fax this form and supporting documentation to PSI at (702) 932-2666.

### Requirements for exam accommodation requests

You are required to submit documentation from the medical authority or learning institution that rendered a diagnosis. Verification must be submitted to PSI on the letterhead stationery of the authority or specialist and include the following:

- Description of the disability and limitations related to testing
- Recommended accommodation/modification
- Name, title and telephone number of the medical authority or specialist
- Original signature of the medical authority or specialist

Date: \_\_\_\_\_ Social Security or ID#: \_\_\_\_\_

Legal Name: \_\_\_\_\_

Last Name

First Name

Address: \_\_\_\_\_

Street

City, State, Zip Code

Telephone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Home

Work

Email Address: \_\_\_\_\_

### Check any exam accommodations you require (requests must concur with documentation submitted):

- |   |  |
|---|--|
| <input type="checkbox"/> Reader (as accommodation for visual impairment or learning disability) | <input type="checkbox"/> Extended Time<br>(Additional time requested: _____) |
| <input type="checkbox"/> Large-print written examination  | <input type="checkbox"/> Other _____   |

- Complete and fax this form, along with supporting documentation, to (702) 932-2666 or email it to [examaccommodations@psionline.com](mailto:examaccommodations@psionline.com).
- After 4 days, PSI Exam Accommodations will email you confirmation of approval with instructions for the next step.

**DO NOT SCHEDULE YOUR EXAMINATION UNTIL THIS DOCUMENTATION HAS BEEN RECEIVED AND PROCESSED BY PSI EXAM ACCOMMODATIONS.**

PSI licensure:certification  
3210 E Tropicana  
Las Vegas, NV 89121